



MAKE YOUR OWN

AND RICH HOT COCOA

PAGE 11

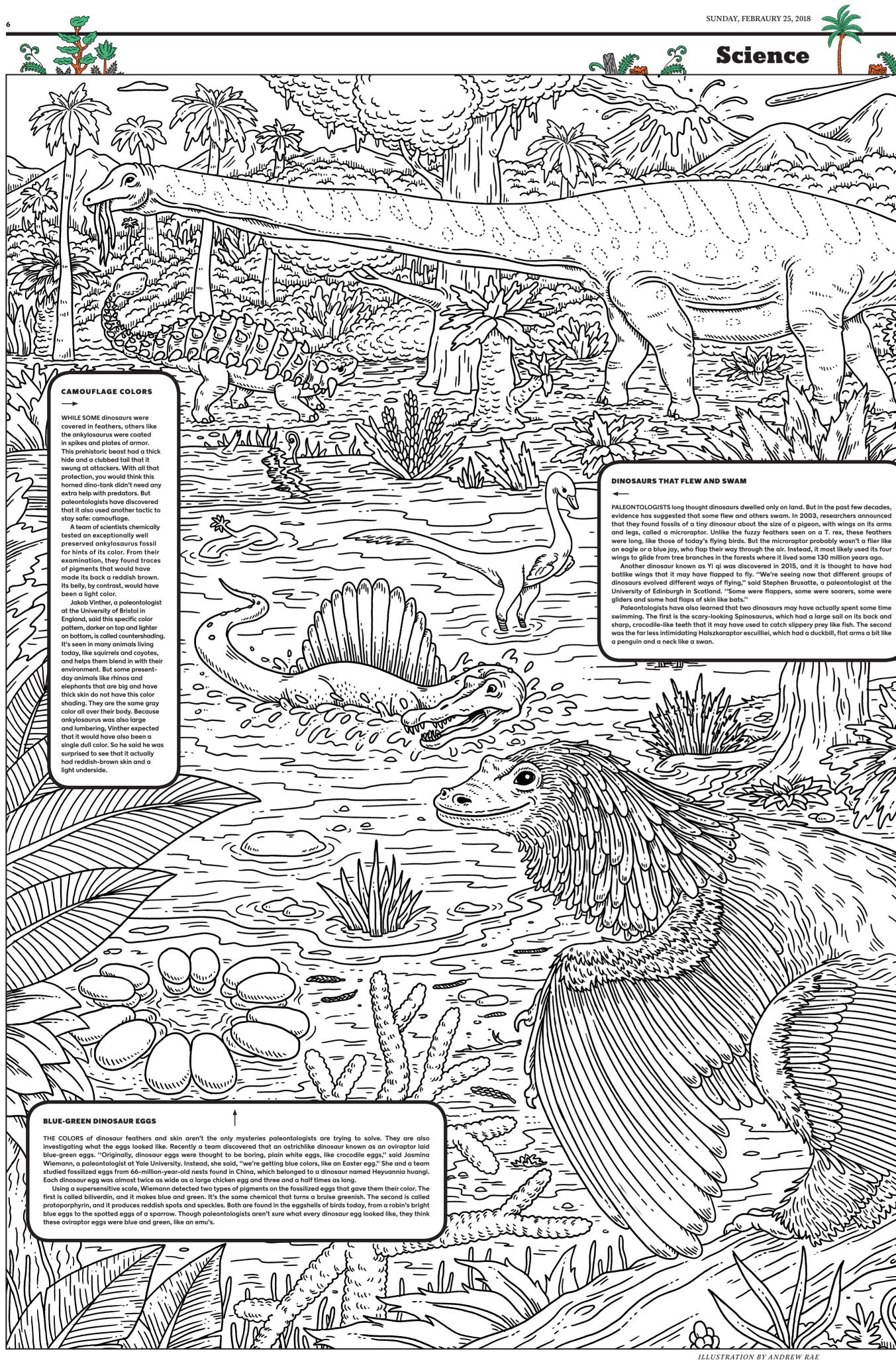
TRANSFORMS BETWEEN EVENTS

PAGE 10

## HOW PALEONTOLOGISTS ARE REDRAWING T. REX

FORGET WHAT YOU SAW IN "Jurassic World." Tyrannosaurus rex, the fearsome king of the dinosaurs, probably had fuzzy feathers on its body. That's what some paleontologists now think. And though they have yet to find any T. rex fossils with feathers, scientists have redrawn what the prehistoric beast looked like by studying its shaggy cousins. But with a mouthful of nine-inch-long bone-crushing teeth, it was still one of the largest killing machines to have ever walked the planet. "I think it's actually more terrifying to think that T. rex was this 40-foot, seven-ton Big Bird," said Stephen Brusatte, a paleontologist at the University of Edinburgh in Scotland. • T. rex belonged to a group of dinosaurs called theropods. They were mostly carnivores, which means they feasted on flesh. But it's Yutyrannus huali, a 125-million-year-old family member, that has most prompted paleontologists to rethink what T. rex looked like. Discovered in China in 2012, Yutyrannus was covered in small, simple feathers that might have kept it warm or helped it attract a potential mate. It is the strongest evidence so far that T. rex was similarly fluffy. • Not all paleontologists are convinced, though. In 2017, researchers studying fossilized dinosaur skin belonging to T. rex and its close relatives said they found evidence of only scales, not feathers. Perhaps the dinosaur had a mix of both, Brusatte said. But to him, it's clear that the future for T. rex is fuzzy. "I would be willing to stake a pretty large wager that T. rex was feathered," Brusatte said. "Maybe one day someone will prove it." Nicholas St. Fleur

ILLUSTRATION BY R. KIKUO JOHNSON



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MORE THAN 100 million years ago, supergiant long-necked dinosaurs roamed the Earth. The largest was Patagotitan mayorum. It measured more than 120 feet long and weighed nearly 70 tons. "That's the size of an airplane — a Boeing 737 — or about the size of 10 African elephants," said Diego Pol, a paleontologist at the National Scientific and Technical Research Council in Argentina.

Pol and his team found the dinosaur in 2012 buried under a ranch in the Patagonia region of South America. When they got to the site, they saw a bone sticking out of the ground. It was a leg bone, or femur, that measured nearly eight feet — taller than the tallest N.B.A. player. It is thought to be the biggest dinosaur bone ever found, according to Pol.

Next they uncovered part of a pelvis. And then other major parts of the skeleton. In total, they dug up more than 150 bones from six different supergiant dinosaurs. From the remains, they were able to reconstruct Patagotitan, the largest animal to ever live on land (as far as we know). They named the new species last August. "We couldn't believe it — we were all shocked," Pol said. "We were measuring and remeasuring these bones like a hundred times to be sure."

A model of the behemoth now greets visitors at the American Museum of Natural History in New York.

Patagotitan belongs to a family of dinosaurs called titanosaurs. Though they are the biggest creatures to have ever walked this planet, they started off life relatively small. Studies have shown that some baby titanosaurs weighed only about as much as a baby human. But titanosaurs grew in a hurry, reaching their adult sizes, we think, in only 10 to 15 years. "They were able to become giants because they were able to grow eally, really fast," Pol said.

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## FABULOUS FEATHERS

NOW THAT WE know that many dinosaurs had feathers, paleontologists are painting a picture of what colors they were Some were dark. Others were light. And some even sparkled. Meet Caihong juji, also known as the rainbow dinosaur. Researchers

have found that this duck-size creature may have had shaggy feathers around its throat that shimmered in the light, like a hummingbird. If it shook its head in front of you, you would see a rainbow of colors, said Julia Clarke, a paleontologist at the University of Texas at Austin who helped make the discovery. This feature is called ridescence, and it makes things change color depending on the angle from which you look at them

It's what gives butterfly wings or soap bubbles their metallic shine. Clarke and her team studied the rainbow dinosaur's fossilized

feathers for traces of melanin, a microscopic substance that makes color. This pigment is the same thing that gives your hair and skin color. Because melanin is very strong, it can survive for millions of years within fossils. It is contained in tiny packages called melanosomes. Based on the shapes and sizes of the ontainers, scientists can tell what color they made skin or feathers. Sausage-shaped ones made the color black: meatball-shaped ones made a rusty brown color. If a structure had no melanosomes, there is a good chance that it was white. Iridescence came from melanosomes that were flat and oval. Clarke found that the rainbow dinosaur was covered in mostly black feathers, except for its neck, which was as colorful as a crayon box. "In the old days, you could color your dinosaurs any color you

colors based in scientific evidence.

wanted," Clarke said, "But I think dinosaurs look just as cool with

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**COLOR IN THE LATEST** 

**DINOSAUR DISCOVERIES** 

BY NICHOLAS ST. FLEUR

SCIENTISTS ARE CONSTANTLY LEARNING NEW

THINGS ABOUT DINOSAURS. AND IN RECENT YEARS THEY

THE BLUE-GREEN EGGS OF AN OVIRAPTOR TO

THE DAZZLING FEATHERSOF THE NEWLY DISCOVERED

RAINBOW DINOSAUR. READ ABOUT THE LATEST

**DINOSAUR NEWS, AND FILL IN YOUR OWN COLORS** 

FROM THIS PREHISTORIC TIME.

**BANDIT-MASK DINOSAUR** 

JAKOB VINTHER, a paleontologist

at the University of Bristol in

England, found that a small

dinosaur called Sinosauropteryx

had a brown back, a white belly

and a brown-and-white-striped

have to be the dark brown

to a raccoon!

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feathers around its eyes that

made it look as though it were

wearing a bandit's mask, similar

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tail. But its coolest feature would

HAVE HELPED REVEAL PREHISTORIC COLORS, FROM



BEHIND **THE SCENES OF THE NEW 'STAR WARS'** MOVIE

PAGE 4

**HOW THE** INTERNET **KNOWS EVERYTHING ABOUT YOU** 

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PAGE 3

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### **THE THOUSANDS OF OTHER PLANETS IN THE GALAXY.** A New NASA SPACE TELESCOPE IS ON THE HUNT FOR ALIEN WORLDS.

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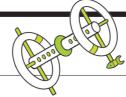
\*PLUS ASTEROIDS & ROCKETS BOARD GAME!

**PAGES 5-7** 

ILLUSTRATION BY GIACOMO GAMBINERI

SUNDAY, MAY 27, 2018

**Science** 



#### HOW I BECAME A

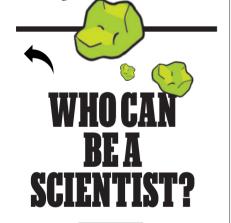


**I WAS BORN** in Jamaica, and when I was 8, we moved to New Jersey. In high school, my bus stop was right outside a hospital, and they used to let us wait inside. I was really intrigued, so I started volunteering there and worked as a nurse's assistant in the summers. That, combined with an inclination for the sciences, made becoming a doctor seem like a natural match.

After college, I spent five years in medical school at Stanford University in California. In med school, you take classes and you study, but you also see patients in different kinds of medicine. That's when I discovered I wanted to be a neurosurgeon. Trauma neurosurgeons take care of anybody who has been in an accident and injured their brain or nervous system: people who don't wear helmets when they bike or ski, or who have a bad fall. You rush through the hospital to get people into surgery, and your adrenaline is pumping. The impact is like no other field. Once you've experienced that, there's no going back.

After medical school, I did a seven-year surgery residency, where I worked in a hospital and practiced being a neurosurgeon. I worked a ton of hours, and I didn't sleep much. Now, I'm both a neurosurgeon and a medical-school professor. I operate on people who have problems with their brains; I do research to find better ways to treat patients; and I educate the next generation of neurosurgeons.

It takes a long time to become a neurosurgeon, but this path is fun. Nobody would do something this rigorous if it wasn't. As told to Elise Craig  $\blacklozenge$ 





BY NICHOLAS ST. FLEUR · ILLUSTRATIONS BY SUPER FREAK

**SPACECRAFT** made by humans have visited Venus and monitored Mercury. They have explored the red sands of Mars and journeyed to the gas giant Jupiter. They've looped through the rings of Saturn and flown by Uranus, Neptune and even the dwarf planet Pluto. But so far, we haven't found life anywhere else. That's not to say we're alone in the universe: Many scientists think life probably does exist out there in the galaxy. So we're on the hunt, using telescopes to look farther and with greater detail into space.

To help accomplish this mission, NASA launched

a refrigerator-size spacecraft into orbit last month that will comb the cosmos for the faraway worlds known as exoplanets. It's called the Transiting Exoplanet Survey Satellite, or TESS for short. "We think there are literally billions of planets out there to be found," says Stephen Rinehart, the TESS project scientist. TESS will look for rocky planets, like Earth, and large gas planets, like Jupiter, that are within about 300 light years of our solar system. That may sound far, but astronomically speaking it's practically next door, and also only a tiny fraction of the entire Milky Way Galaxy, which stretches about 100,000 light years across.

During its search, the space telescope will watch at least 200,000 stars. Because scientists think that every star in the night sky has on average one planet circling it, there could be a treasure trove of new worlds waiting for TESS to discover. And maybe one of them will hold the ingredients necessary for life. The only way to know is to find it.

So far, astronomers have cataloged more than 3,700 exoplanets in our galaxy. Here are a few of the most interesting (and what you'd want to bring if you ventured there). ◆



#### SUNSET PLANET

On Kepler-1647b, sunsets are twice as nice. That's because this planet orbits two stars. It's like the fictional Tatooine, homeworld to Luke Skywalker and Darth Vader in "Star Wars," which had twin suns. Unlike that desert world, Kepler-1647b is a gas giant, so it probably couldn't host any life.

**PACKING LIST:** Sunglasses, beach towel

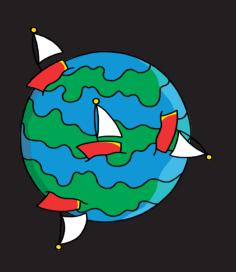


#### **DIAMOND PLANET**

The planet 55 Cancri e may be the planet of bling. Some astronomers think this carbon-rich world is made of diamonds. But not every scientist agrees. Only future studies will tell us how glamorous the planet really is.

PACKING LIST: Pickax, hammer, chisel, sack





#### WATER WORLD

Kepler-22b might be a world entirely covered in water. It is about twice the size of Earth and orbits its star in the so-called Goldilocks zone, where things are neither too hot nor too cold. That means it's a contender for being able to support life!

PACKING LIST: Boat, bait, fishing pole



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#### BY HEATHER MURPHY

**WHAT DID YOU** draw when asked to imagine a scientist on the previous page? A white lab coat? Goggles? A flask filled with bubbling liquid? What about the gender of the scientist? Researchers have been asking kids to draw scientists for more than 50 years as a way to measure the perception of scientists over time — and most draw men.

Recently David Miller, a researcher at Northwestern University, analyzed thousands of "Draw a Scientist" studies from over the years. Even in 2016 – the most recent set he looked at – only about a third of the participating kids drew women. That's partly because we're more likely to see scientists portrayed as men on social media, on TV and in textbooks. "It's like trees having green leaves," says Alice Eagly, a psychologist who also worked on the study. Leaves come in many colors, but we first picture them as green because that's how we commonly see them.

But when we make assumptions about people based on what we're used to seeing or hearing, we can limit them — and ourselves. "What we draw matters," Miller says. "It reflects our automatic associations." If kids are more likely to draw male (or white) scientists, it may mean it's harder for them to see that people of other genders and races can choose that career.

The "Draw a Scientist" results have changed with time: In the 1960s and '70s, less than 1 percent of the kids who participated drew women. That means that alongside more actual women becoming scientists (for instance, there are now more women studying biology at the college level than men), our imaginations have broadened, too.  $\blacklozenge$ 



#### PULSAR PLANETS

The ghastly-named planets Draugr, Poltergeist and Phobetor orbit a "zombie" star called a pulsar that is the leftovers of a star that exploded. NASA says the pulsar spins once every six milliseconds — faster than you can blink. As it turns, it spews dangerous radiation across its cosmic cemetery.

PACKING LIST: Radiation suit, motion-sickness medicine

#### **TOO CLOSE FOR COMFORT**

Icarus is a character from Greek mythology famous for flying too close to the sun. Kepler-78b is like his planetary twin, because it orbits extraordinarily close to its star — at a distance of less than a million miles. Even Mercury, our solar system's innermost planet, is some 36 million miles away from the sun.

**PACKING LIST:** Sunglasses, sunblock, volcano-protection suit

#### **A GALACTIC GEEZER**

Compared with PSR B1620-26 b, the eight planets in our solar system are mere whippersnappers. It is the oldest planet found so far, clocking in at about 13 billion years old — nearly three times as old as Earth. Nicknamed the Genesis Planet, it formed only about a billion years after the Big Bang.

PACKING LIST: "I Was Here" flag



#### **RUBY RAINSHOWERS**

Forecast for planet HAT-P-7b: Cloudy with a chance of rubies. The weather on this exoplanet is so wacky it rains gems, like sapphires. Adventurous space pirates will have to travel some 1,000 light-years from Earth if they hope to plunder this treasure planet, though.

PACKING LIST: Umbrella, jewelry box



#### PUFFY PLANET

"It's so fluffy!" That's exactly what Agnes from "Despicable Me" would say if she ever saw the gas giant HAT-P-1b, which scientists say is so light and puffy it could float in water. Even though the exoplanet is wider than Jupiter, it is less dense than cork or balsa wood.

PACKING LIST: Gas mask

#### **ROGUE PLANETS**

Some planets are rebels. They don't need a star telling them what to do or where to orbit. Known as "rogue planets," they freely float around space unattached to any host stars. Recent research suggests that there may be as many as 75 billion Jupiter-size worlds wandering the cosmos.

**PACKING LIST:** Flashlight, candles, backup generator (nothing solar-powered)

CHECK OUT THESE EXOPLANETS AND MORE SPACE SCIENCE IN THE GAME ON PAGE 6.



ILLUSTRATIONS BY GIACOMO GAMBINERI

Now that you've learned all about TESS and the hunt for exoplanets, it's time to leave Earth behind.

& Ladders), you'll need a die and a piece for each player, like a rock or a coin. 2. PLACE ALL THE PIECES ON NO. 1 and pick who's going first.

many spaces along the board. 4. IF YOU LAND ON A ROCKET (space No. 4, for example), congratulations, your trip is speed-ing along: Follow the rocket higher on the board.

15), you've hit a hurdle: Move down the asteroid. 6. ALSO WATCH OUT FOR THE BLACK HOLE on No. 71. If you land there, it will suck you back to No. 27.

galactic exoplanets on No. 80 wins. Bon voyage! Let us know if you see any life out there. Nicholas St. Fleur ♦



## SHARKS: MYSTERIOUS AND MISUNDERSTOOD

AFTER YEARS OF SEEING THEM AS SOLITARY HUMAN-KILLERS, WE ARE FINALLY LEARNING WHAT SHARKS ARE REALLY LIKE. NEW RESEARCH REVEALS THEY'RE SOCIAL, TRAVEL GREAT DISTANCES AND HAVE NO INTEREST IN ATTACKING US.



#### ILLUSTRATION BY BILL MAYER

#### **DORSAL FIN** In movies we see this infamous fin sneaking up on unsuspecting swimmers accompo by suspenseful music. In real life, its purpose

is to help stabilize the shark and prevent it from rolling upside down as it alides through the water.

#### **THRESHER SHARKS**

This species has tail fins that can be as long as its body. Threshers use then like whips, swinging them at about 20 miles per hour to swat at schools of fish. One good whack can stun multiple fish at once, turning them into easy snacks.

SKIN Shark skin is covered in tiny scales that make it feel smooth when rubbed in one direction and like sandpaper in the other. The edges of the scales may reduce drag from the water. In the great white's case, the skin also provides camouflage: The top of the shark is gray, and its underside is white. If you look at it from bove, it blends in with the water; if you look at it from below, it blends in with the sunlight.

#### AMPULLAE **OF LORENZINI**

Sharks have a supersense called electroreception. Speckled across the snouts are jellyfilled pores that can detect tiny electromagnetic signals created by muscle movements. "They can detect the electric fields given off from a beating heart of prey ever when it's under the sand," says the marine biologist David Shiffmar

#### CARTILAGE -

Sharks don't have bones the way we do. Instead, their skeleton are made up entirely of cartilage, like you ears and nose. It is much lighter and more flexible than bone, allowing sharks to be nimble swi

## TEETH

If one of the two-inchlong teeth lining a great white's jaws falls out, it's no big deal: There's a never-ending supply of razorsharp replacements right behind it. Over a lifetime, they go through an estimated 30,000.

LISTEN, we won't disagree with you: The big, toothy grin o a shark is frightening. But there's nothing to be afraid of! For all the shark drama you see on television shows, in movies and in the local news, much of their reputation as solitary, bloodthirsty, human-hunting villains is just wrong. Because they are so elusive, it was once easy to imagine them this way, but scientists have learned more about them lately.

"Sharks are not the mindless killing machines that people used to think that they were," says David Shiffman, a marine biologist at Simon Fraser Unive in Vancouver. "They are capable of some really complicated activities like social interactions problem-solving and making enormous migrations." The 1975 movie "Jaws" played an outsize role in the public's

imagination. In it, there's one type of shark, a great white, and

one type of behavior: chomping people. Scientists have always known that devouring humans wasn't the defining characteristic of sharks — not to mention that there are at least 500 species, with many different types of behavior — but now, thanks to years of dedicated research and improved tracking techniques we can see them as they really are. "Scientists are smashing the misconception that all sharks are loners," says Melissa Márquez, the scary ones.

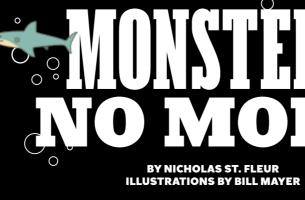
a marine biologist and founder of the Fins United Initiative. "In fact, many species do like to be around others of their kind — for example, scalloped hammerheads sand tiger sharks, leopard sharks, white-tips and whale sharks." And if you're not convinced

yet, consider this statistic: Sharks kill five to 10 humans per year around the world, whereas human kill an estimated 100 million sharks per year. So, really, we're

#### HOW TO FIND A SHARK

#### • TRACKING TAGS:

Where do sharks hang out? Hightech tags attached to the body of great whites have started to show us. For instance, researchers tagged more than 70 great white sharks and observed them via satellite. They found that every year, the sharks would swim more than 1,000 miles to a seemingly empty spot in the Pacific Ocean



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#### HAMMERHEAD

SHARKS Their unique heads make them the easiest sharks to identify. The strange T shape of their noggins grants them a 360-degree field of vision, wider than any other shark's.

#### LATERAL LINE

Along with the ampullae of Lorenzin this sensory organ helps the shark detect ovements in the water. As water flow through the lateral line system, which runs from head to tail, it picks up vibrations that tell the shark when prey is nearby.

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#### SWELL SHARKS

They glow in the dark — but only other sharks can see their dazzling disco display. This is a property called biofluorescence, and scientists studying the swell shark recently discovered that these shy predators appear to glow green in the black depths of the ocean, probably to help them find mates.

#### NOSE

Smell is one of a great white shark's most powerful senses: It can smell tasty seals from two miles away Its two nostrils, or nares, are used solely to sniff out prey not to breathe, as they are in humans

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STOMACH

Sharks can turn their stomachs inside out. **Gross! If they are really** stressed out or swallow something they can't digest, they literally puke their guts out through their mouth — and then suck their stomach back in.

JAW Sharks' jaws aren't attached to their skulls, so they can push out their mouths to take bigger bites.

#### GILLS

As they swim, great whites breathe through their gills, which absorb oxygen from the water. Unlike nurse sharks and bullhead sharks, great whites don't have strong muscles in their cheeks that can pump water into their bodies, so if they stop swimming, they can die from a lack of oxygen.

LIVER Great white sharks have enormous livers that can be a quarter of their entire body weight. Their livers store large amounts of fatty oil that can act as a fuel source for long journeys Because the fatty oil is lighter than water, the liver is the key to helping sharks float.

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halfway between Mexico and Hawaii. Now known as the White Shark Cafe, the area is about as large as Colorado. Marine biologists didn't have a clue why or how many sharks in total made the long trip, so in April they visited the cafe on a research vessel. They discovered a smorgasbo of marine life, like plankton, squid and tuna. "We thought this was a remote ocean desert," says Barbara Block, a marine biologist from Stanford University who led the research project. "But we now know the place the sharks took us to was like an oasis in the desert." Block says her team is still not sure whether the sharks travel to the cafe so they can eat, mate or both, but it's really cool that they come together like this. "By putting tags on big animals, we are learning their secrets in the ocean," Block says. "But there are still a few mysteries we don't have figured out."

#### **O** SHARK POOP:

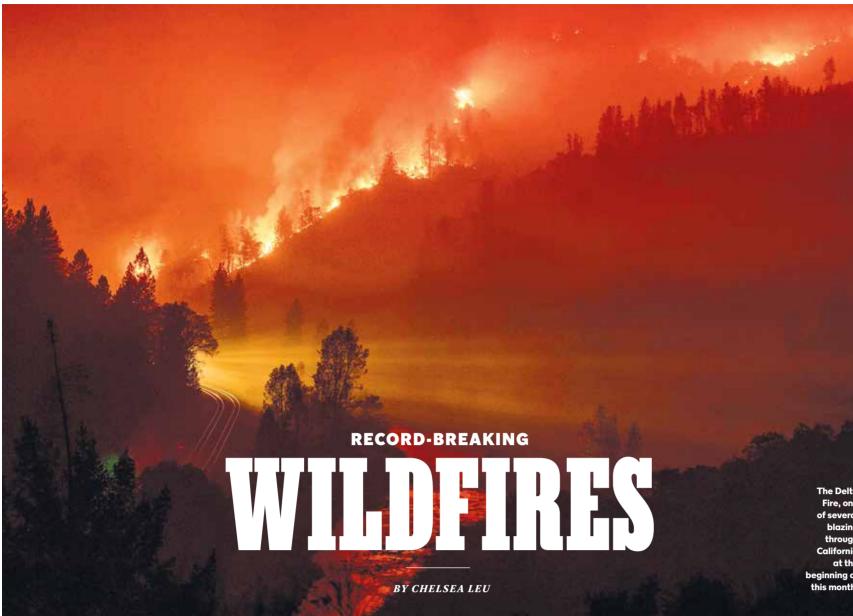
Since sharks are so hard to find, some scientists have begun tracking them using an even surer sign of their whe their poop! Well, it's technically called "environmental DNA," but it's basically the body waste, mucus, saliva and shed skin cells that marine animals like sharks leave behind. "From small plankto to big whales, all of their DNA is floating around in the water," says Judith Bakker, a marine biologist

at Florida International University. who is searching the seas for these clues. This technique allows scientists to collect data on shark populations without having to catch any sharks. They drop special tubes into the water from a boat or while scuba diving. They then analyze all the DNA in the

water — first separating shark DNA from other marine-animal DNA and then identifying the species. The research has already been used to confirm the presence of whale sharks in the Persian Gulf, estimate rare Greenland shark populations in their home waters and detect great hammerhead sharks in the Caribbean and New Caledonia. A major goal of the work is to pinpoint where endangered sharks exist to better protect them.Thanks, poop! 🔶



ILLUSTRATION BY SUPER FREAK



The Delto Fire, one blazing throug Californic at the nning of this month.

UBY MCKELLAR, 13, was taking a photography class at a summer camp in Idyllwild, Calif., this summer when a raging wildfire broke out nearby and forced her and her friends to evacuate. "The sky was red and orange, and the sun was covered by all this black smoke," she says. "I started to see the flames, and I wanted to break down, but I didn't."

Record-setting fires have scorched the Western United States this year: Thousands of people in California, Oregon, Washington, Idaho, Montana and elsewhere had to evacuate their homes and watch as swirling flames destroyed countless buildings and killed 17 firefighters. Scientists say fires like these are only going to get larger and more severe in the future. "The trends are superscary," says Eva Strand, a fire scientist at the University of Idaho. Wildfires have burned 66 million acres of the country (that's the size of Colorado!) from 2008 through 2017 - double the area that fires burned in the 1990s.

Why are wildfires on the rise? Climate change is partly responsible. Warmer temperatures suck moisture out of plants more quickly, and all those crackly leaves and branches are fuel for a gigantic blaze. Climate change has also changed rain patterns. Another reason is that forest managers actually didn't let enough fires burn in the last century. "We have too many trees in a lot of our forests," says Park Williams, a climatologist at Columbia University. It's a little confusing, but if trees don't burn in fire-prone areas, they just become fuel for more disastrous fires later. Some ecosystems even need fire to thrive.

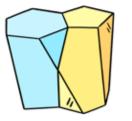
And then there's us. Wildfires need a spark to ignite, and many are started by humans, caused by things like abandoned campfires and downed power lines. More people than ever now live close to flammable forests, increasing the chances that a person may accidentally start one. It also means more homes and lives are at risk during a blaze.

This summer wasn't Ruby's first brush with a serious fire: Five years ago, her house in Mountain Center, Calif., burned down. The Mckellar family rebuilt it out of fire-resistant cement and metal, but Ruby says, "Every summer you evacuate, you come back and you hope your house is fine." •





BY NICHOLAS ST. FLEUR



JUST WHEN YOU thought you had learned all the shapes, scientists have found a brand-new one — and it has been hiding in our bodies this whole time. Meet the scutoid. The paired variation shown above has a pentagon (five sides) at one end and a hexagon (six sides) at the other. It also has a triangle cut into it. So weird!

**Researchers uncovered the scutoid** while studying epithelial cells, a type of cell in the body that covers you both inside and out, from your skin and lungs to your intestines and blood vessels. These cells "are like the Lego pieces of which tissues and organs are made," says Javier Buceta, a biophysicist from Lehigh University in Pennsylvania. Buceta and his colleagues discovered the new shape while using a computer to predict what these cells would look like when tissue bends. The computer spit out the scutoid, and at first the scientists were confused, because it was something they had never seen before. Luisma Escudero, a biologist from the University of Seville in Spain, went home and sculpted the scutoid out of Play-Doh with his 2-year-old daughter, Margarita. A model made it much easier to understand. Later the team found scutoids inside a fruit fly and then a fish. Because every animal's body is made of the same type of epithelial cells, you, too, have scutoids.

The scientists named it after the triangular midsection of a beetle, called the scutellum, which it resembles. Buceta says he was both excited and surprised to find a new shape that no one had named before. "There are infinite shapes, and there will always be infinite shapes," he says. "It's just the imagination that limits the kinds of shapes you can build." 🔶



or Christmas, there's always someone forecasting river levels across the country, informing pilots about storms and turbulence and creating the sevenday forecast that you might see on a phone or on the news.

I did that for a long time, and then I became what's called an incident meteorologist. I use computer modeling, radar imagery and satellite imagery to put together the information that emergency responders need to keep people safe. Firefighters need to know about things like temperature, relative humidity and wind speed to make a safe plan to fight fires. They need to know how fast and in what direction smoke might move and how high in the sky it might go.

I've been sent to help with fires and other crises across a dozen states, including the Deepwater Horizon oil spill in the Gulf of Mexico in 2010. There are about 2,600 meteorologists with the National Weather Service, but only 76 incident meteorologists like me who help with fires and other emergencies. As told to Elise Craig

LAST NOVEMBER, I arrived at my father-in-law's house to find him distressed. Tammy, his cat, was missing. After breakfast every morning, Tammy would head out for a stroll, just to the edge of the housing complex. Within a few minutes, she would be back inside. But now it was 4 p.m., with no sign of Tammy. A walk through the neighborhood offered no clues. Was she lost? "I think it's time for posters," my father-in-law said. Wrong! If Tammy were a dog, he would have been correct. There are two straightforward steps to find a canine: Visit your local shelters and make posters. Cats, though, are trickier. Here's how to find them.

#### **1. SEARCH CLOSE BY**

"Cats hide, dogs roam," says Kim Freeman, a pet detective in Atlanta who has cracked hundreds of missing-pet cases. You and your parents should start with a thorough search of your property and the bordering bushes, storm drains and other spaces with openings the size of a fist or larger - preferably with a flashlight, which will light up a cat's eyes. "If they can get their skull through there, the rest of their body is like liquid," Freeman says. She finds lost indoor cats hidden within 1,000 feet of their home about 80 percent of time. So using advice from Freeman's website, lostcatfinder.com, that's where my father-and-law and I started.

#### 2. BE A DETECTIVE

Freeman has special investigative tools: Sometimes she works with a tuxedo cat named Henry, who has been trained to sniff out hidden cats. She has also learned to listen for alarm calls from birds for hints of a nearby feline. You, too, can look out for telling details, like fur caught on a pipe. Or you can collect some information by having your parents ask neighbors, "Where did you last see a cat?" In the case of Tammy, one of my father-in-law's neighbors said, "the parking garage downstairs."

#### 3. THINK LIKE A CAT

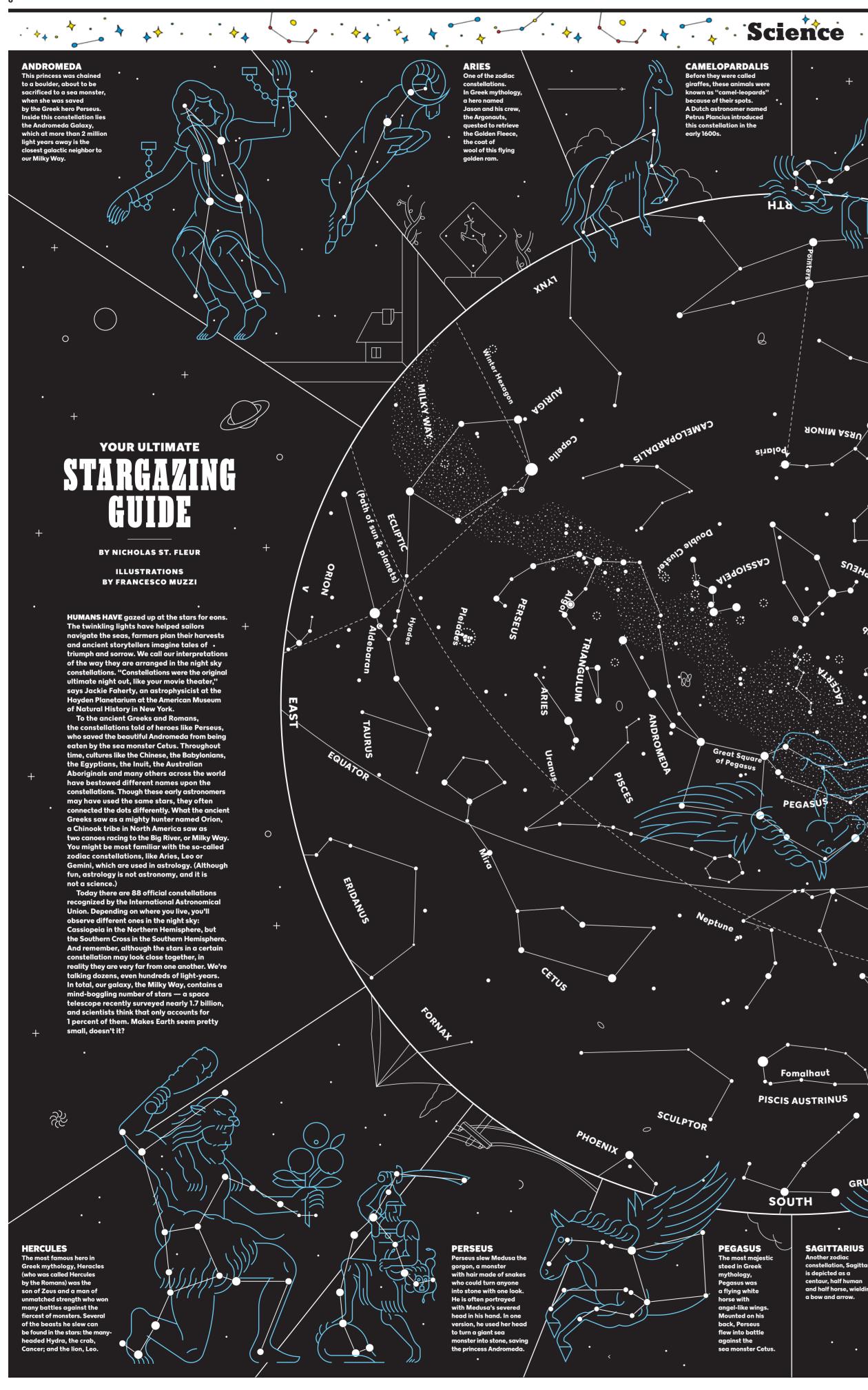
Calling out your cat's name while walking around most likely won't help. Even bold felines freeze in unfamiliar terrain: "Once a cat is hiding, it will stay hidden," Freeman says. In our case, we heard a soft mew near a car in the parking garage. Upon opening the hood (with the owner's permission), there she was! Hiding in a vehicle is common, Freeman says. That means accidental hitchhiking is, too. Hanging posters is the final step. Remember, it usually takes longer for people to notice a lost cat than a lost dog, so don't give up if you are without leads for weeks - or even months. There's still hope! ♦

BY NICHOLAS ST. FLEUR



HAVE YOU EVER seen the Milky Way? It's O.K. if you haven't. One-third of people living on Earth cannot observe our galaxy's true beauty from where they live. And in North America, it is hidden from 80 percent of people. "Everybody used to be able to see the night sky, the stars, the planets and the Milky Way," says John Barentine of the International Dark-Sky Association. "Little by little over all these years, that has disappeared." That's because as the human population has grown and become more reliant on artificial lighting, like street lamps and building lights, our cities and towns have outshined the stars.

This environmental problem is called light pollution. You probably recognize it as that glowing orange haze that hovers on the horizon over buildings at night. But if you ever travel far from the bright lights and look up, you'll witness what looks like a river of stars gushing across the inky black sky. Light pollution does more than just mask the stars, though. It also makes it harder for people to sleep and can disturb animals. Newly hatched sea turtles, for example, often become confused by beachfront lights and scurry toward piers or other human structures instead of the ocean. But as with any kind of waste, there are ways you can reduce light pollution. Barentine says to start at home by asking your parents whether you need certain outside lights on at night, and then turning them off if you don't. Take a look at the map above to see the extent of light pollution where you live, and then turn the page to observe the night sky in its full glory. 🔶



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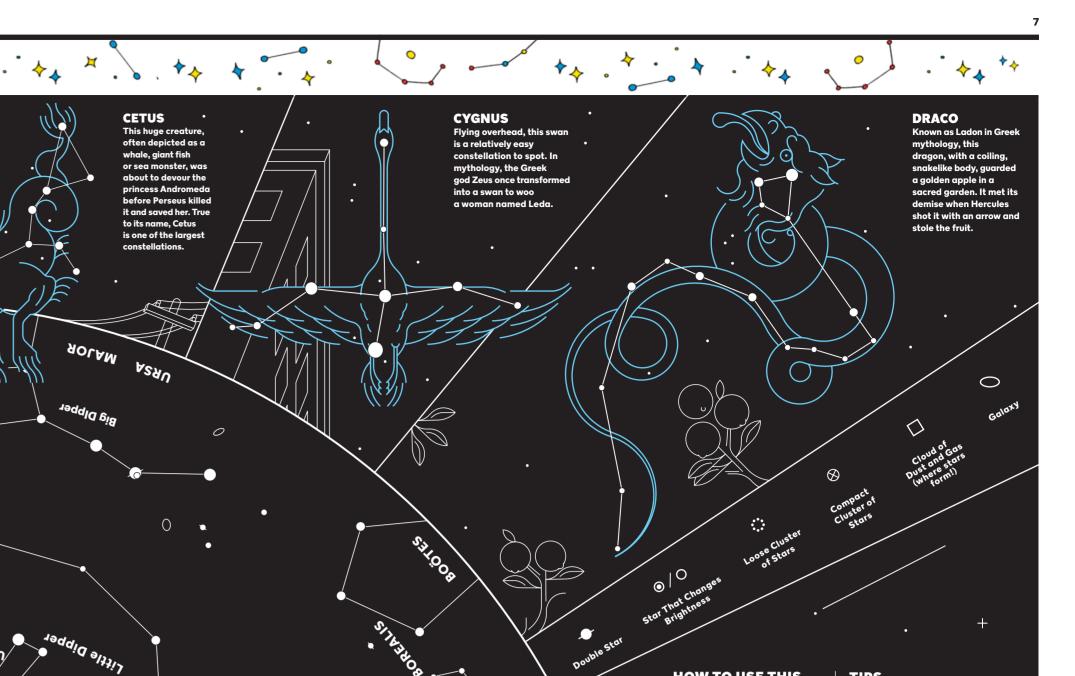
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#### **HOW TO USE THIS STAR CHART**

YOU MAY be wondering how to find your way around the night sky. Let this map be your guide.

 WITH A PARENT, go somewhere dark and open the chart away from bright lights. Start by holding the map slightly above your head.

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 THE FOUR CARDINAL DIRECTIONS, north, south, east and west, are labeled on the perimeters of the map. The round edges represent the horizons. You'll notice that unlike with most regular maps, on this sky chart east is on the left and west is on the right. When you face north, turn the map so the NORTH is on the bottom of the map. When facing south, orient it so the SOUTH is on bottom. Do the same for whichever direction you are facing.

THE MIDDLE of the map shows constellations that are directly overhead. Keep changing the direction you're facing so you can see all of the constellations shining in the night sky, rotating the map as you go.

ONE OF THE EASIEST star groups to find is the Big Dipper, which "is striking even in New York City," Faherty says. Just face due north and turn the map so the NORTH is facing down. It should appear low in the sky. After seeing the Big Dipper, use the two stars at the end of its "bowl" to direct you to the North Star and the Little Dipper. After that, try to spot Draco, which slithers in between the two.

THE DOTTED LINE going down the middle of the map is called the ecliptic, and it charts the path of the sun across the sky. Planets like Mars and Saturn lie somewhere along this line.

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#### TIPS

Thumbtack the map to a piece of cardboard to make it easier to hold.

Bring a flashlight and put some red paper or plastic over the light to help you see but still preserve your night vision.

Use a compass or your phone to help orient yourself.

NOTE: Stars twinkle at night; planets do not. Stars are so far away that Earth's atmosphere interferes with the light, making them glimmer.

#### **CALENDAR OF** SKY-WATCHING EVENTS

• OCT. 8: Meteor showers occur when Earth passes through debris left by a comet. The dust and ice burn up in our atmosphere to create "shooting stars." There won't be much moonlight during this one, called the Draconid shower, so it should be a good time to watch.

moon phase, the moon is gone from the night sky, making this the best time of the month to see the stars and galaxies that it normally outshines.

• OCT. 21: The Orionid meteor shower will peak. Best to view after midnight, though the pesky moon may be too bright to see every fireball. This shower is caused by Earth's atmosphere colliding with the leftovers of Halley's comet.

OCT. 23: Uranus will be at its closest and brightest position to Earth.

THIS CHART shows the night sky in October at 10 p.m. from 40 degrees north latitude (where New York sits). **CONSTELLATIONS** are named according to the International Astronomical Union.

> **URSA MAJOR** The famous Big Dipper lives in the "Great Bear."

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Like Ursa Minor, this constellation never sets below the horizon. The two outer stars of the bowl point to Polaris **Enslaved African-**Americans escaping the American South via the Underground Railroad used this constellation as

a guide to the North.

#### **URSA MINOR** This "Little Bear" constel the Little Dipper.

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5AGHTARUS.

The star at the tip of its handle is Polaris, the North Star, which sits above the North Pole. Contrary to what some people think, it is not the brightest star that would be Siri

SUNDAY, DECEMBER 29, 2019



### THE HEART

#### KNOW ITS NAME

The heart is the hardest-working organ in the body. Every cell, from the neurons firing in our brains to the vessels in the tips of our toes, depends on blood surging from this mighty muscle to arow and function. If it stops working, you typically only have a few minutes before the rest of your body begins to shut down and you're a goner!

## THE ROYAL CHAMBERS

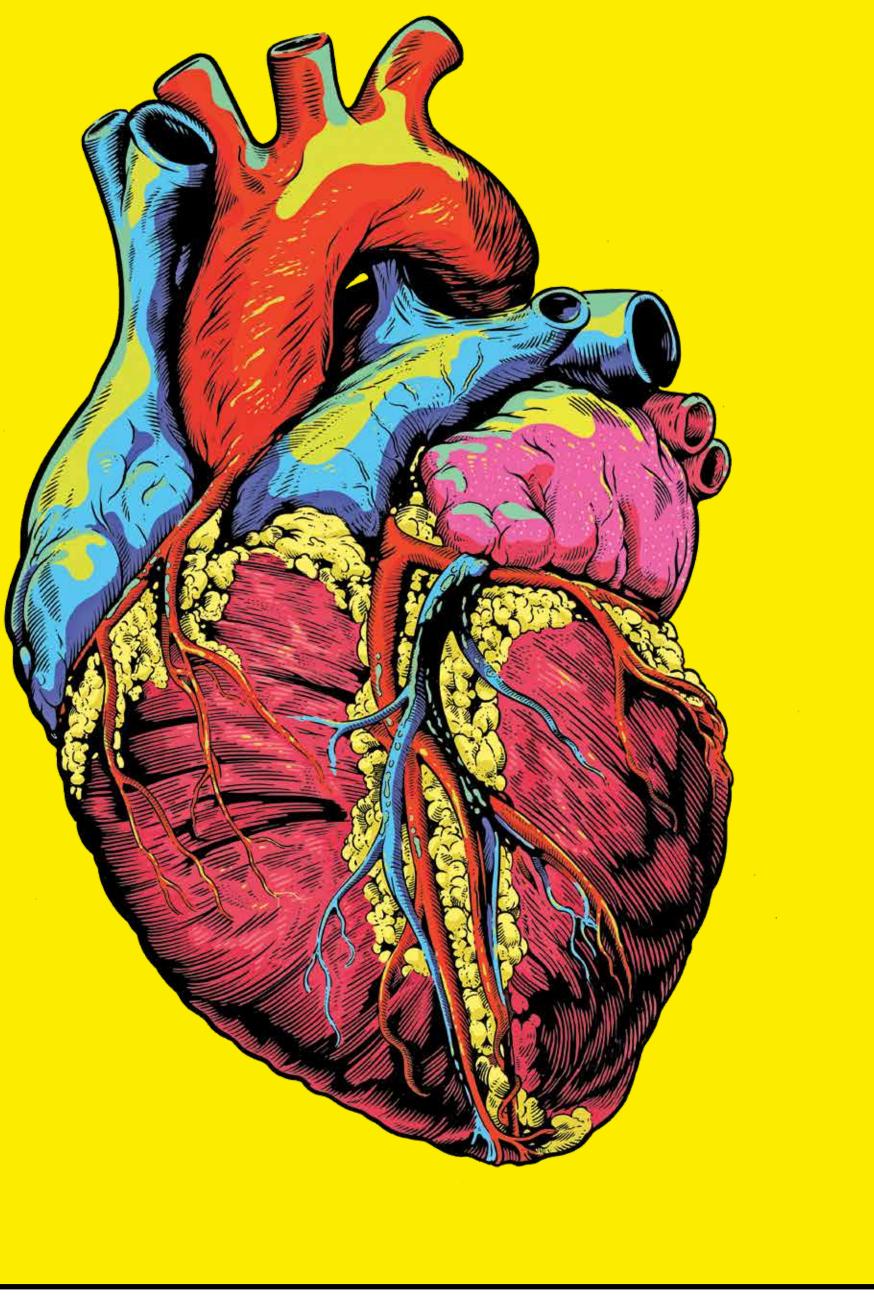
The heart has four chambers that contract and relax, pumping blood through a network of arteries and veins called the circulatory system. The upper chambers are called atria, and the lower ones are ventricles.

#### WHEEEEEEE!

As blood travels through your circulatory system, it delivers oxygen and nutrients throughout your body. Blood cells that have dropped off their oxygen enter the right side of the heart in order to refuel. There, the heart pumps the blood into the lungs, where it picks up oxygen. After being replenished, the red blood cells turn bright red and enter the left side of the heart, where they are pumped back to the rest of the body to

# THE BODYISSUE

### TAKE A PEEK BENEATH YOUR SKIN IN THIS SPECIAL HOW-IT-WORKS SECTION. BONES, BLOOD, BURPS — WE'VE GOT IT ALL.



keep everything going.

#### LUB-DUB, LUB-DUB, LUB-DUB

That's the sound of a healthy heart beating. Doctors listen for this simple rhythm when they place a stethoscope on your chest during a checkup. It tells them if blood is properly pumping through your body. The actual sound is made by the valves between heart chambers snapping shut.

#### PLAYING THE LONG GAME

Your heart never stops beating. Every minute, it beats between 70 and 110 times. If you're 10 years old, your heart has already beat more than 450 million times; over the course of your lifetime, it will beat more than 2.5 billion times.

#### A MIND OF ITS OWN

Think about this: You don't have to "think" to make your heart beat. That's because your heart has its own electrical system that controls when its chambers contract and pump. It does that job automatically no brain necessary.

#### MEASURING GREATNESS

Clench your hand into a fist. That's about the size of your heart. It will grow larger as you do.

#### BLOOD, EVERYWHERE

Every day, a full-grown heart pumps about 2,000 gallons of blood. That's almost 4,000 two-liter soda bottles' worth of fluid.

ILLUSTRATION BY TIM McDONAGH

# YOUR BODY, EXPLAINED

#### IT'S MYSTERIOUS, MADDENING AND MAGICAL ALL AT ONCE.

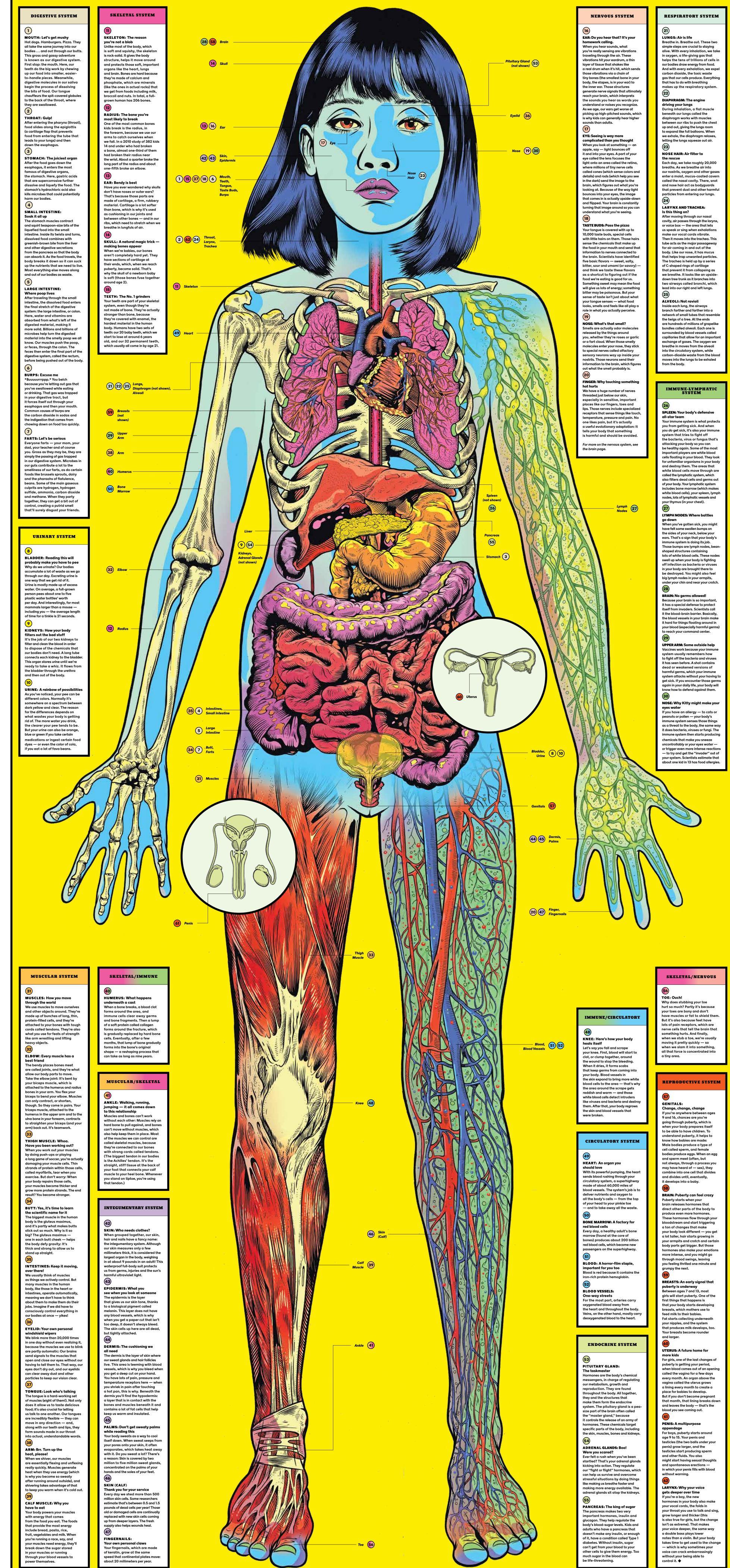
BY NICHOLAS ST. FLEUR AND CHELSEA LEU · ILLUSTRATION BY TIM MCDONAGH

TO UNFOLD THIS NEWSPAPER a moment drew back — again, without your even thinkago, you used your hand to turn the pages. ing about it. As hard as scientists and engi-No biggie, right? Wrong! Without thinking neers have tried, they can barely get robots about it, your brain sent staggeringly fast to do the same thing, because even when all signals down nerves running along your you're doing is turning a page, your body is spine and then through your arm to tell your executing something incredibly complex. hand what to do. The more than 30 muscles And maybe you're doing something else that move your fingers and thumb then had at the same time, like talking to a friend or to move in conjunction against the 27 bones in your hand. The ridged skin on your fingerwatching TV. It would be mind-blowing if it weren't so normal. Welcome to the magic tips had to grip the newspaper lightly, and your arm had to make a delicate movement that is your body. Learn about how it works with this almost-full-size kid body, which details its 11 systems in a nontraditional way. so you didn't tear the page. A web of blood vessels had to bring oxygen and nutrients to the area, so your hand could move at all. If We've chosen the most important things, but there is so, so much more that we could you accidentally got a paper cut, the thoushow you. If you want to keep learning, sands of touch sensors in your hand sent out check out the interactive body models at pain alerts so that the appendage quickly human.biodigital.com.

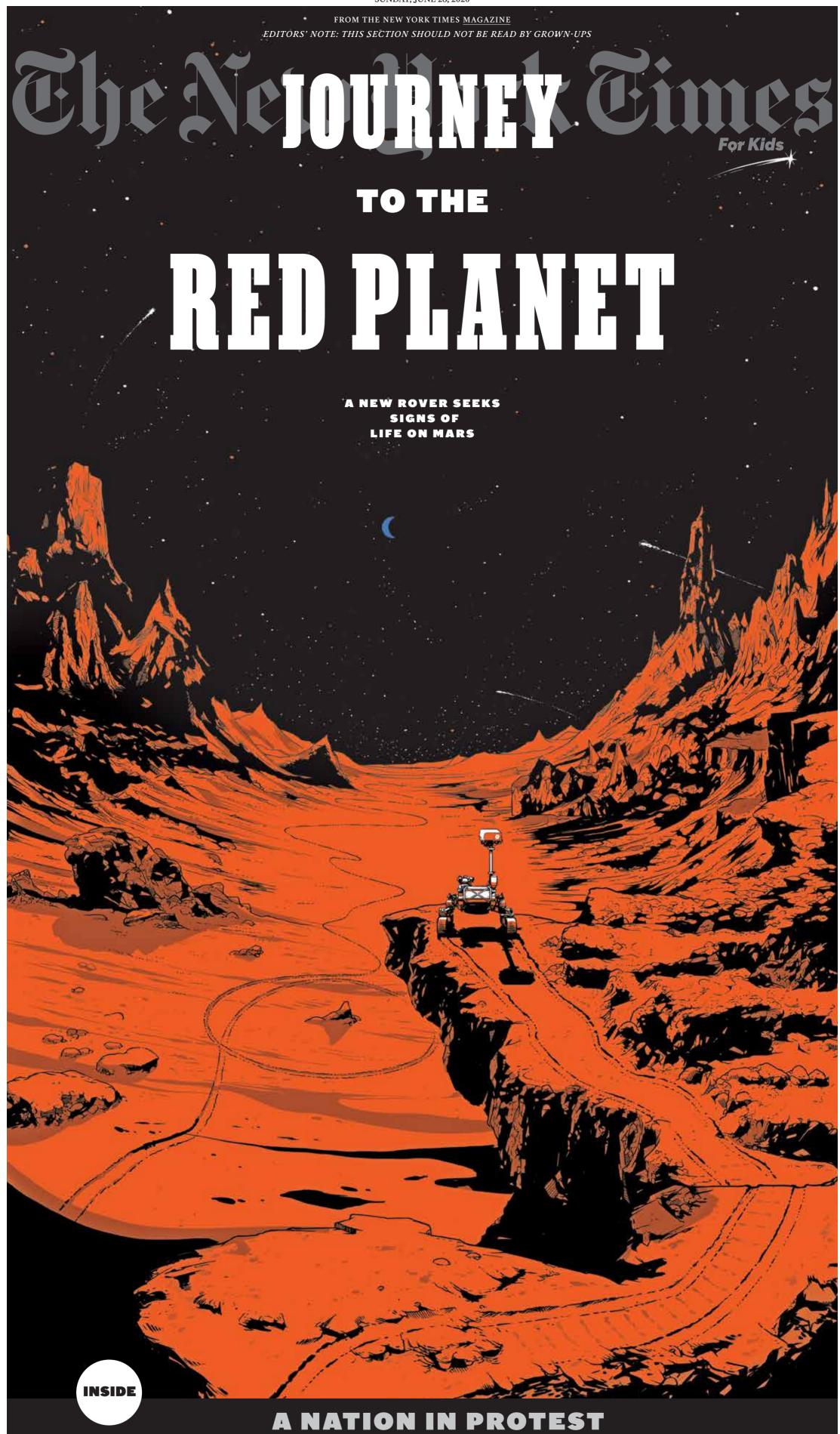
#### INSTRUCTIONS

1. To read this guide, treat it like a poster and hang it up on the wall lengthwise. 2. Start wherever you want: Each body part is labeled with a number and a color that indiates its system (or systems). So dive in!

DISCLAIMER: To show you all 11 body system at once, we had to Frankenstein this body: We used an arm to show you the skeletal system, a leg to show you the muscular system and so on. But in real life, they're obviously all lumped ogether! In some places we've also remove or spread out organs or tissues (like some ribs to more clearly show you what's happening We hope you better understand how the body works after reading this — but, uh, don't rely on it if you're studying to go to medical school







WHAT STARTED THE BLACK LIVES MATTER MOVEMENT • WHY IT'S GROWING RIGHT NOW • HOW GRASS-ROOTS ORGANIZERS WORK • WHAT AMERICAN PROTESTS HAVE ACHIEVED IN THE PAST

ILLUSTRATION BY TIM MCDONAGH



#### **A BRAINY** UVER

The Perseverance rover is like a souped-up version of the Curiosity rover, which landed on Mars in 2012. It has tougher aluminum wheels, better cameras and a smarter ''brain'' that makes it better at mapping out paths. It is seven feet tall, 10 feet long and nine feet wide and weighs a whopping 2,260 pounds.

#### NAMING The rover's name was

suggested by Alexander Mather, a 13-year old from Springfield, Va., who won NASA's "Name the Rover" essay contest out of 28,000 entries. "It takes a lot of Perseverance," Alexander says, "to get something from Earth to fly all the way there and do the science to further human exploratio of space."

#### **7 MINUTES OF** TERROR

Soaring 309 million miles through space sounds tough, but the real challenge is sticking the landing. "It takes seven minutes for the rover to go from the top of the atmosphere of Mars all the way to the ground," says Swati Mohan, the guidancenavigation and control-

operations lead. But it takes about 11 minutes for data from Perseverance to reach Earth — so the rover has to handle its descent all on its own. NASA won't immediately know if the landing was a success or if their eight years working on the rover ended in a crash. "In mission control we end up nail-biting for

those minutes," Mohan says.

#### ENTRY

The spacecraft enters Mars's ohere at about 12,000 atmos miles per hour. As it screeches through the sky, it can reach scorching temperatures up to 3,800 degrees. It won't melt because it is protected by a large disc called a heat shield.

#### PARACHUTE

About four minutes into the descent, it deploys its parachute, which helps slow the capsule to about 180 m.p.h. It glides for about two minutes, taking photos of the ground to determine its location.

#### POWERED DESCENT VEHICLE AND SKY CRANE The craft separates from

its heat shield and, once it's low enough, activates a tool that helps it avoid dangerous spots below, like cliffs and craters. In the last minute, the parachute and back of the capsule detach. This releases a rocket-powered vehicle that carries the rover. When the vehicle is about 65 feet from the surface, it activates its sky-crane tool: three 25-foot ropes that lower Perseveran to the ground, leaving the rover to begin its mission on

the Martian terrain.

LASER EYE

Perseverance has a superpower: it can shoot lasers from its face. By firing them at rocks and soil

investigator.

SUPERCAM

the rover (and the NASA scientists back on Earth) can determine the target's chemical makeup and whether or not to drill into it. The team expects SuperCam can make about three million laser shots. "We're zapping up the planet," says Roger Wiens, the instrument's principal

NAYA.

## **ROBOTIC ARM**

#### ARM

This 7-foot robotic arm has an elbow, shoulder and wrist which allow it to move like yours. It holds drills and sensors and will drill and collect rock samples that it can store in tubes located in the rover's belly. Eventually those tubes may be given to a different robot and sent back to Earth so that NASA can study direct Martian samples for the first time.

The brick-red dirt and dust that blankets Mars's barren surface is fascinating. But scientists are also interested in what lies underground. A tool called RIMFAX will use radar that can search for ice hidden more than 30 feet deep. "That's the kind of technology that humans, if they were to go to Mars,

could use to search for water,'

Katie Stack Morgan says.

THE INSTRUMENTS

RIMFAX

MOXIE

If you'd like to go to Mars one day and return home, you'll need lots of oxygen (to make rocket fuel). "On Earth, trees make it for us," says Michael Hecht, the principal investigator. "On Mars, MOXIE makes it for us." MOXIE will convert carbon dioxide in the air into oxygen. Scientists hope to one day use a more powerful version for ockets and habitats.



## NASA'S NEW ROVER BEGINS - AMARTIAN ADVENTURE

#### BY NICHOLAS ST. FLEUR · ILLUSTRATION BY TIM McDONAGH

Does life exist elsewhere in the universe? Mars, our most similar planetary neighbor, may hold the key to finding out. Today it is a barren wasteland where the average temperature reaches minus 64 degrees Fahrenheit. But scientists think that billions of years ago it may have been warmer and awash with rivers and oceans. Because every organism — from microbes to mammals — needs water to survive, Mars offers us the best opportunity of any planet in our solar system for discovering signs of ancient extraterrestrial life. For decades, NASA has sent rovers on 300-million-mile journeys to the Red Planet to probe the secrets of its wetter past. Between July 20 and Aug. 11, NASA plans to launch its latest rover, Perseverance. "We know that Mars was once habitable, but we haven't yet found that ancient life," says Katie Stack Morgan, NASA's deputy project scientist for the rover. "That's what Perseverance is going to Mars to find and hopefully collect, so that future missions can bring them back." When Perseverance arrives in February 2021, after about seven months of space travel, it will drill into Jezero Crater, a 28-mile-wide impact site. Scientists think the crater was once filled with an 800-foot-deep lake. That makes it the perfect spot to search for hints of the basic building blocks of life, like hydrogen, oxygen and carbon. Unlike its predecessor Curiosity, which pulverized rocks into powder, Perseverance will collect about 30 intact rock and soil samples and store them in tubes in its belly. Someday it may give the tubes to a different robot that will send them to Earth and into the hands of NASA scientists. Perseverance will spend one Martian year, or 687 Earth days, using its high-tech instruments to find and grab promising samples. If everything goes as planned, it will have gathered the best evidence yet that ancient life once existed on Mars.

## SIDEKICK Perseverance won't explore

HELICOPTER

the Red Planet alone. Tucked beneath its belly is its sidekick, a minihelicopte called Ingenuity. When released, it will make short flights through the thin Martian atmosphere over the course of 30 days.

"Nobody's ever flown a craft outside of our planet that can take off and land again,' says Timothy Canham, the project's operations lead. "The Ingenuity helicopter is a trailblazer."

#### ANTENNAE

•

Ingenuity (named by Vaneeza Rupani, a 17-year old from Northport, Ala.) gets its commands to take off and land from Perseverance. The robots can communicate over a distance of about 1.2 miles.

#### **SOLAR PANEL**

To power its flights, Ingenuity absorbs energy from the sun. After zipping around for a minute and a half — which is as long as its batteries will allow — it needs two to three days to recharge.

## AVIONICS AND BODY

The helicopter weighs only four pounds and stands about one and a half feet tall It has two blades that spin in opposite directions to keep it stable. It can fly nearly 325 feet and hover about 16 feet off the ground

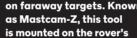
#### SENSORS AND CAMERAS

It has two cameras that help it see. One looks forward, and the other points down and snaps photos of the ground 30 times a second. Its sensors help direct it and tell it how fast it's going.

#### MISSION!

#### Perseverance has four main goals.

1. To find signs that indicate that ancient microbes may have once existed on Mars. 2. To learn about the ancient environment and help how Mars's ( could have supported life. 3. To collect and document rock and soil samples for potential return to Earth. 4. To examine current environmental conditions so NASA knows how to keep future astronauts safe on the planet, and to test experimental tech humans might one day use there.



This rover will be the first

one with a camera capabl

of zooming in and focusing

MASTCAM-Z

"head" and will take 3-D pictures and videos, as well as spot things the size of a housefly on rocks more than a football field away.

SHERLOC AND

PIXL The hand also carries tools designed to detect potential clues about past microbes. One is called SHERLOC, which searches for minerals and organic molecules (made with carbon). Another is PIXL. which uses an X-ray beam to identify elements in rocks. "Those two instruments prepare us better than any other rover before to actually

search for signs of life," Stack

Morgan says.



**HUMANS ON MARS** 

"We're going to Mars someday, and NASA would like it to be soon," Michael Hecht says. "Probably 2040s is reasonable." When humans do eventually arrive, they'll find that some things have already been set up: Future Mars missions will colonize the planet by constructing a research base and

then habitats and power stations.

Instruments aboard Perseverance, like MOXIE, will help pave the way.

Right now MOXIE can only make 10 grams of oxygen per hour, about enough to keep a small dog alive. But it's possible that one day a much more powerful version of it could supply a base with breathable air. A team of four humans sitting in a room would need about 100 grams of oxygen an hour. "That's why we're doing this now," he says, "to prepare for maybe 20 years from now." 🔶

## WHY DO WELIKE BEING SCARED?



#### BY SUSAN COSIER

WHEN YOU HEAR the creak of the basement stairs while you thought no one was home, or you see a flash of something that creeped you out in the past, like a circus clown, you might get goose bumps or feel panic rising. Yep, you're afraid: Your body has released chemicals that make your heart pound, your skin sweat and your eyes dilate. It's a biological response known as "fight or flight," and it takes place to give you the energy and concentration needed to either attack the threat or run away. "Your body becomes like a superhero, and you may feel energized," says Margee Kerr, a sociologist who studies fear at the University of Pittsburgh.

Surprisingly, those fear reactions can also make us feel good, because they put us intensely in the moment, or because we enjoy the surge of energy. That's especially the case if we have some control over the situation and aren't in any real danger, and it's why we watch scary movies or visit haunted houses. As an added bonus, once we watch the credits roll or make it out of the haunted house alive, we often feel braver and more relaxed than before. Some people like being terrified by horror films or roller coasters more than others – that comes down to our DNA and our past experiences - but almost everyone likes some kind of thrill. Mua-ha-ha, biology! •

BACK FROM THE BACK FROM

BY NICHOLAS ST. FLEUR • ILLUSTRATION BY JON MACNAIR

**HERE'S HOW SCIENTISTS WOULD DO IT** 



**XTINCTION IS THE** ultimate grim reaper. From the ferocious Tyrannosaurus rex to the clueless dodo bird, more than 99 percent of animal species that have ever lived on Earth have fallen victim to it. But some scientists are working on ways to bring lost species back from the dead. It's a process called "de-extinction." No, we're not talking about making zombies – more like Frankenstein's monster. But rather than sewing a bunch of body parts together to create a new creature, scientists are trying to build animal hybrids by editing the genetic code of a living

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species so that it matches that of an extinct one. "De-extinction is reinvention," says Ross MacPhee, a mammalogist from the American Museum of Natural History in New York.

One popular candidate for resurrection is the mighty woolly mammoth. These bulky ice-age beasts disappeared some 4,000 years ago. But because researchers have found woolly-mammoth

**WELCOME TO** 

ODY

bones with well-preserved DNA, the scientists can use that ancient blueprint to alter a living relative, the Asian elephant. "We're mutating the cells of an Asian elephant so they have the exact DNA sequence of the mammoth," says George Church, a geneticist at Harvard University.

Church and his team have so far brought back and tested three genes in an Asian elephant that could make it more resistant to cold temperatures. One day, they could potentially engineer the elephant's genome so that it is born with a fur coat, smaller ears and a thicker layer of fat. Even then, though, the end result wouldn't be a woolly mammoth circa 45,000 B.C. but an animal that is part Asian elephant and part woolly mammoth.

There are many ethical issues with bringing a long-lost species back into a world that no longer has a place for it. Instead, some scientists say, a better use for this technology might be to preserve endangered animals, like the black-footed ferret or the northern white rhino, or to revive species that suffered a recent demise, like the gastric-brooding frog. Maybe extinction isn't a death sentence after all. ◆





BY AMBER WILLIAMS

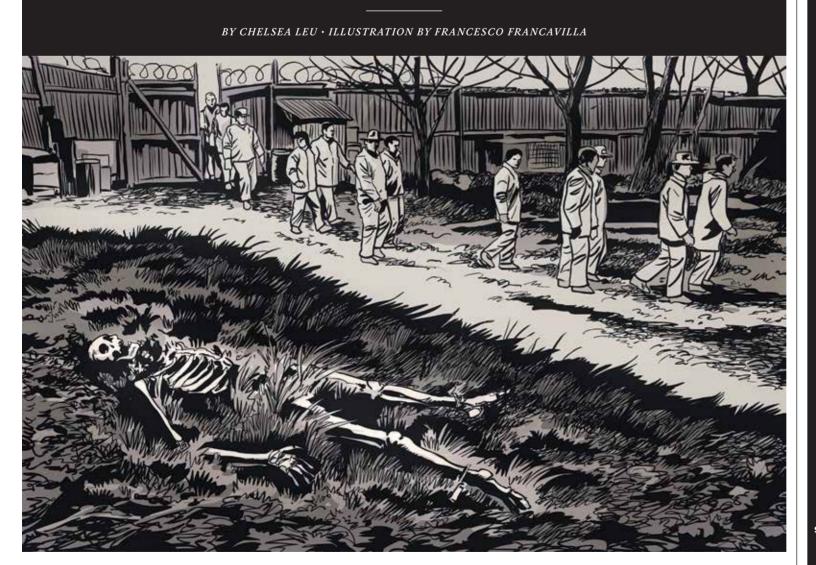


DON'T LOOK NOW, but there are mites living on your face. Eight-legged face mites eat, give birth to babies and die right there on your cheek. Almost everyone has them. Take a deep breath: You've just brought hundreds or thousands of species of microbes into your lungs. Sit down: You can't see it, but now you're surrounded by "a floating, leaping, crawling circus" of microscopic life, writes the ecologist Rob Dunn in his book "Never Home Alone."

Dunn and his team at North Carolina State University study the bacteria, fungi and insects that hang out in your home, and there are lots of them: As many as 200,000 species are your roommates! To find out what's hiding in your carpet, shower head or cabinets, the researchers look for bugs and take swabs (using Q-tips) of dust. "We search the house, like we would at a rain-forest site, looking at each habitat: saltshakers, refrigerators, basements, washing machines, kitty litter," Dunn says. They then analyze the DNA in the samples and catalog what critters they've found, including bedbugs (shown above), book lice, gnats, house centipedes, cellar spiders and much, much more. All of these things look absolutely horrifying when magnified under a microscope, but most of them aren't bad — and may even be helpful. For instance, human skin flakes off at a rate of about 50 million flakes a day. There are thousands of bacteria riding on and eating each flake, and those bacteria feed fungi, which feed dust mites, which feed leopard mites, which feed bigger things. "There's a whole food web associated with you falling apart," Dunn says. All of this keeps your dead skin from piling up. It's kind of gross but, hey, so are humans. 4



ATTACK OF THE GIANT BUGS! So now you know you have mites on your face, but do you know what those little monsters actually look like? Have you seen the mouth of a bedbug? The spikes on a flu virus that help it hold on inside your nose? Ever wanted to be face to face with a hairy cockroach? We've created an augmented reality experience just for you, so that you can see these bugs and more, blown up larger than life and appearing right in your own room! Here's how:



#### **THERE'S A CERTAIN** plot of land in Knoxville, Tenn. It's nearly three acres of forest on a bluff overlooking a river, and the whole area is littered with decaying human bodies. Some of them are buried. Others are lying out on the ground. And a lot of them are crawling with maggots. It's known as the Body Farm.

It sounds like the perfect setting for a horror movie — and also for science. The Body Farm is technically called the Anthropology Research Facility at the University of Tennessee Knoxville, and scientists put the corpses out there on purpose to study how dead bodies decompose, or break down. Detectives at law-enforcement agencies rely on this kind of research, known as forensic anthropology, to help them figure out when and how a person died. Depending on where a body is (under the dirt, lying on the grass) and what the weather is like, the body will turn to ooze and bone at different rates — and someone has to figure out the effects of these factors.

When did a person breathe one last breath? Scientists can estimate by studying the insects that show up on the scene. "As soon as an individual dies, their chemistry changes, and that chemistry is attractive to female flies," says Dawnie Steadman, a skeletal biologist at the facility. If it's warm out, the flies lay eggs on the body within hours after death, which hatch into maggots that then feed on the flesh a few days later before they leave. Beetles arrive afterward, when the body dries out, since they prefer to eat harder tissue like dried skin and cartilage. Depending on which creepy-crawlies are there and whether they're babies or adults, scientists can work backward to estimate how long the body has been lying outside.

Researchers also estimate the time of death by seeing how much of the body has been consumed by bacteria. Part of the reason dead bodies look bloated, Steadman says, is that they're filled with gas from those microbes. That gas is filled with smelly chemicals with names like putrescine and cadaverine, which give corpses the strong, unmistakable scent of decay. Scientists might also investigate isotopes – different forms of elements – in hair, teeth, fingernails and bone, which can give clues to where people grew up and where they have lived.

Ultimately, all this research helps identify missing people, which is why 4,000 "pre-donors" have signed up to give their own bodies to the Body Farm when they die to help solve cases faster in the future.

"GIANT SPIDERS' WEB COVERS GREEK BEACH" GUARDIAN SEPT. 20, 2018 "AUSTRALIAN RESEARCHERS HAVE JUST DETECTED MYSTERIOUS RADIO SIGNALS FROM DEEP SPACE" BUSINESS INSIDER AUSTRALIA OCT. 11, 2018 "SCIENTISTS IDENTIFY 'MUMMY JUICE' IN EGYPTIAN SARCOPHAGUS"

NEW YORK POST JULY 23, 2018

#### "VENOMOUS SEA CREATURES ON THE RISE THANKS TO CLIMATE CHANGE"

#### NATIONAL GEOGRAPHIC OCT. 8, 2018



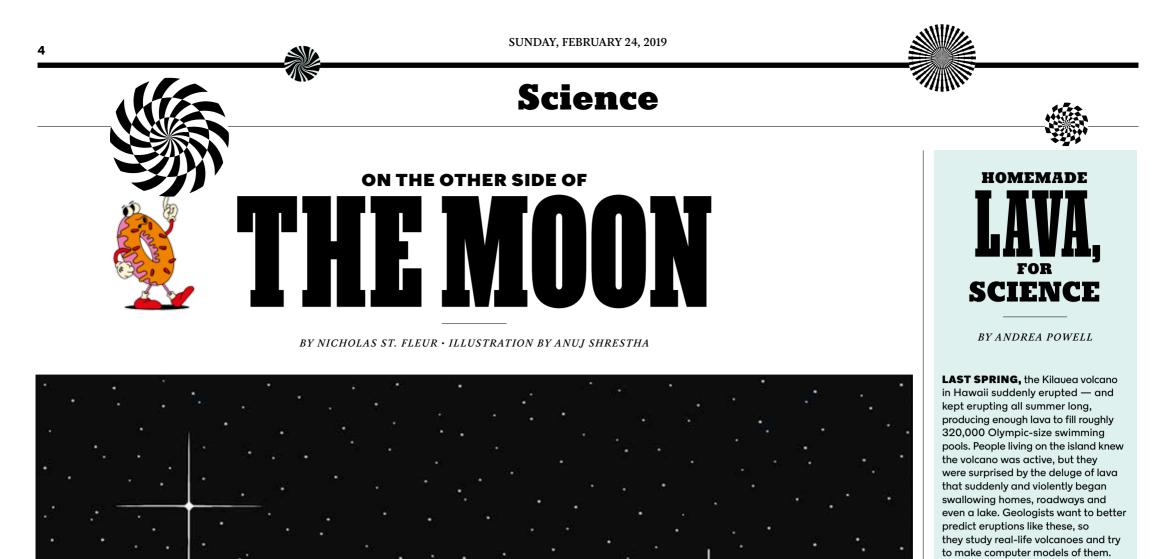
1. Open the camera or QR reader in your smartphone (or a grown-up's phone). 2. Point the camera at the code box above. You don't need to take a photograph — just focus on it. 3. Touch the pop-up bubble that says "Open 'nytimes.com' link." 4. Your phone will then take you to the NYTimes app. If you don't have the app, it will open your web browser, which will give instructions for downloading the app. 5. Once you're in the app experience, you'll see bugs! Follow the onscreen instructions to make these microscopic monsters the size of a refrigerator and move around your room! 6. If you want to use a computer to see these monsters up close and personal, visit nytimes.com/monsters.

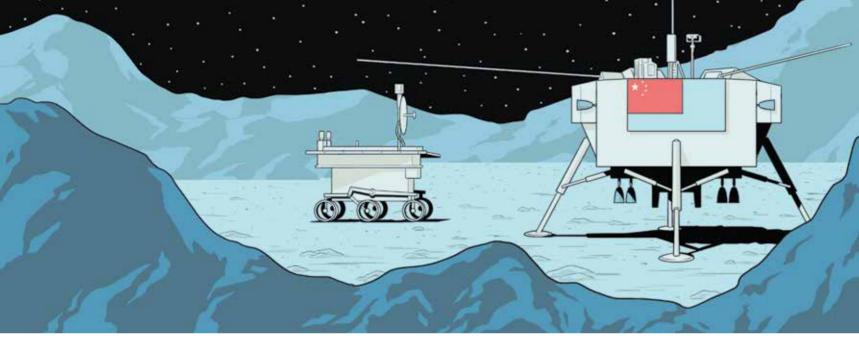
#### **MY SCARIEST MOMENT**

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When I was about 7, I was scared of everything, especially ghosts. Once, my brother was in our living room, and he saw a little girl come into our apartment. He thought she was real, but he checked, and the door was locked. We've had three apartments, but he told me that she followed us when we moved. One day, I was watching TV when I felt something tug on the back of my shirt behind my neck. I thought my dad had played a trick on me, but he wasn't there. I thought about the little girl, but it couldn't have been her. The tug was too strong. It was something paranormal: an older-man ghost. My sister told me that ghosts don't try to kill you — they just try to mess around with you. And that's what he did.  $\blacklozenge$ 





**DESPITE WHAT YOU** may think, there is no such thing as the "dark side" of the moon. Both halves bathe in the sun's light as the moon orbits around Earth. But only one side ever faces us. The part you don't see is just farther away. Astronomers call it the "far side."

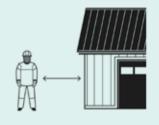
On Jan. 2, something happened on the far side that had never happened before: A spacecraft landed there. Built and controlled by the China National Space Administration, the uncrewed Chang'e-4 spacecraft touched down near the moon's south pole in a location called Von Kármán Crater. Twelve hours later, Chang'e-4 (named after a Chinese moon goddess) opened and released a rover called Yutu-2, or Jade Rabbit 2. It's nearly the size of a refrigerator, and its mission is to roll around and study the terrain while Chang'e-4 stays put and analyzes the lunar rocks beneath it. Those rocks are "older than any rock we've found here on Earth," says Briony Horgan, a planetary scientist at Purdue University in Indiana. "They're a record of how the moon first formed, and what planets might have looked like early on." That's one important goal of this mission: to help scientists understand how the moon was made.

Already, the Chang'e-4 mission has produced the first-ever close-up pictures from the far side's gray, desolate surface — plus a "selfie." The spacecraft also brought along a cotton plant to see how it would grow on the moon. But after sprouting, the poor plant froze to death in the frigid lunar night, where temperatures can drop to -310 degrees.

STEP 1: GATHER VOLCANO SUPPLIES

Ingo Sonder, a volcanologist at the University at Buffalo, is trying something different: to mimic eruptions exactly as they happen by making his very own lava. "I'm trying to make it as explosive as possible," Sonder says. Here's how he and his team create the bubbling, molten rock.

It's important to use real volcanic rock, so the scientists work with a company in Texas to gather rocks from an area that used to be active. They recently ordered two tons of rocks, which were loaded into a crate and shipped to Buffalo.



#### **STEP 2: GIVE YOURSELF SPACE**

Creating volcanic eruptions from scratch requires being a safe distance away from buildings and trees. No one wants to start a fire. These volcanologists head over to a special area called the Geohazards Field Station, where they can blow things up without bothering anyone.





**REMEMBER ROMEO,** the lonely frog? He appeared in our Animals issue last April. At the time, he was the only known Sehuencas water frog, and he had been living the single life for 10 years in a tank at a Bolivian museum. Scientists were desperate to find him a mate to repopulate the species — so desperate that they set up a dating profile for Romeo, to raise money for expeditions to search for more frogs.

Well, good news! In December, Teresa Camacho Badani, a herpetologist, found five more Sehuencas frogs near a Bolivian waterfall — two males, two females and one that's too young to tell yet. A female that researchers named Juliet (of course) is of mating age.

Right now, Juliet is living with the other new frogs in their own tank so the scientists can make sure they don't have any diseases, but after that, she and Romeo will go on a toad-ally romantic first date. "We want to make sure there's a waterfall going into the tank and prepare a special dinner of worms for them," Camacho Badani says. She hopes that opposites attract and that the gentlemanly Romeo and the energetic Juliet will have a good date and soon be raising tadpoles. ◆

## WHAT'S HAPPENING HERE? **A BUTTERFLY PARTY IN MEXICO**



BY KENDRA PIERRE-LOUIS · PHOTOGRAPHS BY JESSICA TANG



ven among butterflies, the monarch stands out with its bright orange wings laced in black veins and a speckling of dots. These beautiful insects live around the world, but pull off their most amazing feat in North America. In the fall, they all travel thousands of miles from Canada and much

of the United States to warmer weather in Mexico and California. In the spring, they fly back. They are the only butterfly known to make this kind of two-way journey, called migration. But in the last couple of decades, most North American monarchs — more than 80 percent! — have disappeared. Humans have cut down their forests and the milkweed plants that they depend on for shelter and food. In California, experts recently announced that they found 86 percent fewer butterflies in 2018 compared with 2017. It's a worrisome situation, but there is still hope. In Mexico, shown above, there were more butterflies this winter — tens of millions more (yay!) — than last winter. And scientists are learning that some monarchs are spending their winters in Florida now too. Long live the monarch butterfly! ◆

#### **STEP 3: TURN ON THE FURNACE**

When it's time to start melting the rocks, the scientists put on protective eyeglasses and thermal suits and dump the rocks into a giant furnace. In the beginning, it took them a few tries to figure out the right recipe. "I had to do it at least 10 times, because strange things kept happening," Sonder says. "The lava would act funny, or there were too many bubbles created." Eventually they figured out that heating the rocks for four hours to 2,400 degrees gives them the bubbling, red-hot magma they want.



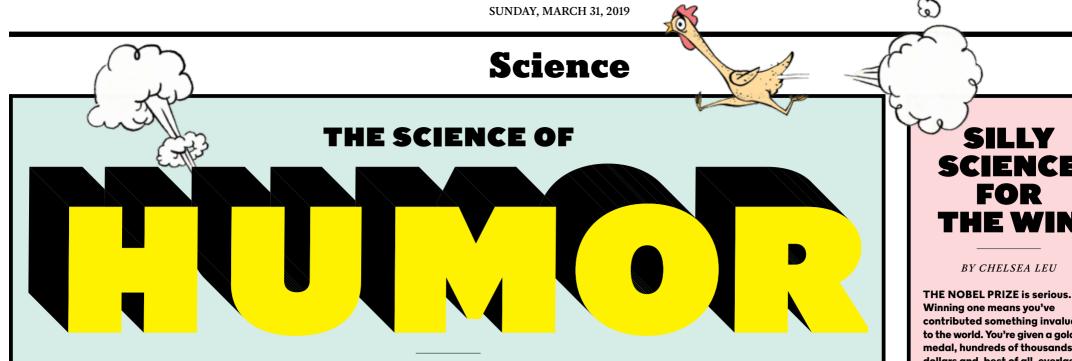
#### STEP 4: PREPARE THE REACTIVE MATERIAL

Once the rocks melt into lava, the scientists use a hydraulic lift to tilt the entire furnace, pouring its contents into insulated steel boxes. Then a track system transports the boxes to another station, where they are lined up with giant syringes of water stuck into the sides.

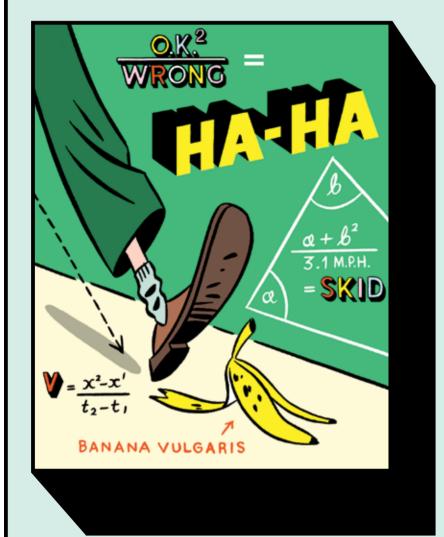


#### **STEP 5: STAND BACK**

The researchers set the speed and amount of water they want squirted into the boxes using a computer program. Then they have only 45 seconds to get out of the way before the water turns to steam and the lava erupts, flying 15 feet in the air and landing on the ground. It eventually cools and turns into ... you guessed it, rocks. By measuring the size of the explosions, the researchers hope to figure out what conditions cause violent reactions, which could allow them to better warn people living near volcances that a big eruption is on its way. ◆



#### BY KELLY CONABOY · ILLUSTRATION BY JASON FORD



**WHY IS IT** that sometimes when you tell your friend a very funny joke – like about his body odor – that friend doesn't laugh? Is it jealousy? Or could it be some sort of ... science-related reason?

What makes something funny has been a question pondered by thinkers since humans had butts. The ancient Greek philosophers Plato and Aristotle believed humor came about when someone was made to feel superior to another person; the superfamous psychiatrist Sigmund Freud thought funniness arose from the mention of unmentionable things. The popular theory until recently was that a joke got laughs when something surprising happened, like – just for example – a cat completing a (purr-fect) pirouette.

These theories help to explain both what makes something funny and the social purpose of humor: It's used to bond groups, and to make scary things less scary. It also allows kids and adults alike to be creative and silly. But each of these ideas had some humor holes – something could be surprising, for example, but not prompt a laugh. (BOO! See?)

The newest accepted theory, called the "benign violation theory" by scientists, claims that to be funny something has to be wrong in an unexpected way (a violation) but ultimately O.K. (benign). The idea arose from studies done by Peter McGraw and Caleb Warren at the University of Colorado at Boulder's Humor Research Lab – a group experimenting not on rubber chickens and whoopee cushions but instead on whether its subjects find one joke funnier than a slightly different version of the same joke. Hilarious! Their studies found that people laugh the most when something seems weird, wrong or surprising, but turns out to be fine. For example, if your friend slips on a banana peel and gets hurt, that's just wrong. But if she slips on a banana peel and is fine, well – that's just funny.

"What's useful about this idea," McGraw says, "is that it explains why not everybody finds your joke funny, even if you do." That is, what might be wrong-but-O.K. to you might just be wrong, or just O.K., to someone else. If it doesn't achieve both things, your joke becomes either rude or boring – explaining why your friend might not find that body-odor joke funny. Luckily, there's always experimentation; maybe he'd prefer a joke about his unfortunate haircut?



## SILLY SCIENCE FOR he win

#### BY CHELSEA LEU

Winning one means you've contributed something invaluable to the world. You're given a gold medal, hundreds of thousands of dollars and, best of all, everlasting glory. The Ig Nobel Prizes are ... not those prizes. They're awarded every year to the weirdest research — including published papers with titles like "Why Do Old Men Have Big Ears?" Winners receive a handmade trophy and 10 trillion Zimbabwean dollars (worth pretty much nothing). Yes, this is still real research! But this time, you're allowed to laugh at it. Here are three recent honorees.

#### **KIDNEY STONES AND ROLLER COASTERS**



Having kidney stones is horrible. They're tiny, scratchy pebbles that develop in the kidney and need to be peed out. Ouch. Last year, two doctors from Michigan State University won the Ig Nobel Prize in Medicine by discovering a method to help shake them out: a roller-coaster ride. The doctors made a fake kidney and filled it with kidney stones (taken from an overjoyed patient) and pee (from a researcher). They put the whole contraption in a backpack and took a trip to Walt Disney World, where they rode the Big Thunder Mountain Railroad roller coaster 20 times in one day. "It ceases to be fun pretty darn quick," says David Wartinger, one of the researchers. The ride, though, did help coax out kidney stones, especially when researchers sat in the last few cars. "You're looking for a rough, quick coaster," Wartinger says. "One that knocks your fillings loose." Whee!

#### **CROCODILES AND SLOT MACHINES**



#### BY NICHOLAS ST. FLEUR ILLUSTRATION BY MARK MATCHO

**ASTRONAUTS HAVE ONE** of the best jobs in the world. They get to fly into space and, aboard the International Space Station, ooh and ahh at our beautiful planet from 250 miles away. Yes, their view from up there is literally out of this world, but there's a hiccup: No matter how far humans venture from Earth, we can't escape our biology. We get hungry, and itchy, and we need to poop. These human foibles make for some funny space stories.

#### WHEN MICROGRAVITY **ISN'T FUN**

Astronauts face tiny challenges every day. Like having to poop. In zero gravity, you don't really "sit" to go No. 2. Instead, you point your rear end above a tiny aluminum toilet equipped with a suction fan, and then you catch your poop in a baggie. It's the

Silly Science: Illustrations by Jason Ford

best way to keep your feces from floating away. "Aim is everything," says the astronaut Drew Feustel. "If you miss, you can create a large mess for yourself." Using the suction tubes beats having to tape a collecting bag to your behind - as the Apollo astronauts

#### **SANDWICH STUNT**

used to do.

In 1965, the astronaut John Young broke the rules: He smuggled a corned-beef sandwich onto the Gemini 3 space capsule. This got him in big trouble. At the time, NASA was developing freeze-dried foods, because they were worried regular food would send crumbs flying throughout the spacecraft. NASA's space food didn't taste good, though, so Young stowed a scrumptious sandwich in his pocket. Back on Earth, Congress had a beef with the sandwich. They said Young had wasted millions of dollars by eating it instead of the NASA space food he was supposed to test. But Young got the last laugh: In 1981, NASA added corned beef to their space menu.

#### **STINKY-SOCK SURPRISE**

Another gross thing about being an astronaut aboard the I.S.S. is that you're surrounded by tiny floating flecks of dead skin practically everywhere you go. "We have to clean it with a vacuum every single week, or else our equipment breaks down," Feustel says. Things become particularly disgusting when astronauts change their socks. You see, after being in space for two or three months, the dead skin on the bottom of their feet falls off. When astronauts remove their socks, there's an explosion of skin flakes that float around the station. Hilarious, but also ... yuck.

| ZOMBIE<br>WON'T BITE,<br>BUT SHE'LL<br>TALK YOUR<br>EAR OFF'<br>OCT. 19, 2015                           |  |
|---------------------------------------------------------------------------------------------------------|--|
| 5.<br>'JEREMY<br>THE LEFTY<br>SNAIL IS<br>DEAD. HIS<br>OFFSPRING<br>ARE ALL<br>RIGHT.'<br>OCT. 12, 2017 |  |
| 6.<br>'SMELLS<br>LIKE GREEN<br>SPIRIT'<br>MARCH 3, 2013                                                 |  |
| 7.<br>'TEETH<br>DON'T MEAN<br>A THING<br>IF THEY<br>AIN'T<br>GOT THAT<br>"BLING"'<br>JUNE 29, 2001      |  |
| 8.<br>'THE SKI<br>MOGUL'S<br>RISKY RUN'<br>MARCH 15, 1998                                               |  |
| 9.<br>'HERE<br>COME THE<br>SONS'<br>MARCH 19, 2018                                                      |  |

Do your emotions affect how daring you are? Yup — especially if that emotion is fear. Two psychologists in Australia, winners of the Ig Nobel in Economics in 2017, gave \$20 to more than 100 tourists before or after they held a roughly three-foot-long saltwater crocodile. Then they asked them to use that money on a virtual slot machine. It turns out that holding a crocodile makes you less likely to take risks: Most people without gambling problems made smaller bets afterward, possibly because animals that could rip your fingers off remind you to be more cautious.

#### **DIDGERIDOOS AND** SNORING



The didgeridoo is an extremely long wind instrument traditionally played by Aboriginal Australians with astonishing breath control. Obviously it can help with snoring. Right? Researchers gave didgeridoos to 14 very loud snorers in Switzerland, who took lessons on how to play. To measure later whether they were snoring less, the researchers asked the patients' partners how well they slept. (The ratings included "not disturbed at all" and "very, very severely disturbed.") "Regular didgeridoo playing is an effective treatment alternative," the scientists concluded — and for that, they won the Ig Nobel Peace Prize. ♦





#### A LITTLE HELP, PLEASE?

Humans have a habit of putting up dams and buildings and roadways in places where animals are just trying to go about their business. But to compensate, sometimes we give them a hand getting from Point A to Point B — because we messed up their plans to begin with.

FENCES FOR CRABS: Every year, tens of millions of red

crabs overrun Christmas Island, in the Indian Ocean, as they migrate from their rainforest home to their coastal breeding ground. To keep them safe, the island has built fences, bridges and underpasses that the tiny crustaceans can scurry along during their weekslong journey.

#### A HIGHWAY FOR BEES:

Residents of Oslo have given their local bees a leg up by creating a "pollinator passage": a network of rooftop gardens and flower beds, strategically placed along a 10-mile stretch of the city, that ensure the honeymakers are never far from nectar.

#### AN OVERPASS FOR

MOUNTAIN LIONS: In many states, authorities have built highway overpasses to help animals like elk and bears cross busy roads dividing their habitats. In Southern California, conservationists recently announced a plan to build the largest-ever wildlife overpass to help mountain lions and other animals cross the busy 10-lane Highway 101.

A WARNING FOR BIRDS: Birds are migration ultramarathoners. But when glassy, sky-reflecting buildings sprout right in the middle of their flight paths, it can lead to fatal collisions. One solution: stickers or coatings that help birds see the building.



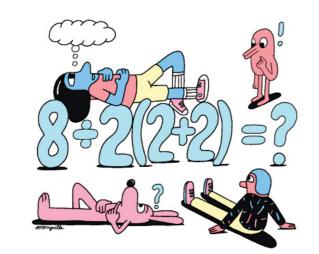
SALMON SORTER: Some fish that swim up the ramp are invasive species like grass carp, which could damage the ecosystem if they went farther up the river. If the computer identifies one of those, the system can send it back. Native fish, like Chinook salmon, are sorted by size, and the larger ones are ushered into the tube for a trip over the dam.

This illustration is not to scale.



BY KENNETH CHANG

ILLUSTRATION BY JEREMYVILLE



#### TAKE A LOOK at the equation to the

left. At first glance, it seems simple. It's just some addition, division and multiplication. Now try to solve it. Is the answer 16? Or is it ... 1? That's a question adults argued about this summer, after this equation went viral on the internet. That's right, a math problem went viral.

So, here's the deal: The premise underlying this problem is the order of operations — something that you may have learned in school as PEMDAS ("Please excuse my dear Aunt Sally"). In an equation, first you complete the math in Parentheses, then you deal with Exponents, then you Multiply or Divide, and lastly Add or Subtract. The order of operations is important, because the answer can change depending on whether you multiply first and then add, or vice versa. So by following PEMDAS, people come up with the same answer.

Except in this case. Everyone agrees that you solve 2 + 2 first, because that's in parentheses. So now we have  $8 \div 2(4)$ . Many people saw that as the same as  $8 \div 2 \times 4$ . If you solve it from left to right, you'll get an answer of 16. The catch is that when you get to higher math, like algebra, *implied* multiplication – i.e., the 2(4) sometimes takes priority. And in that case, you'd get an answer of 1.

Don't worry if you're confused. The problem isn't your brain. It's how this expression was written: to be misleading, which is exactly the opposite of what it should do. As math becomes more complicated, the more critical it becomes to communicate clearly. That's why after elementary school, division is generally written as fractions; in this case, the problem could be expressed as  $\frac{8}{2}(2+2)$  or  $\frac{8}{2(2+2)}$ , depending on what was intended. Either way, the answer – 16 for the first fraction; 1 for the second – is crystal clear.  $\blacklozenge$ 

## International



the Australian continent in September — and some are still burning, destroying homes and forests. The images above are all from the southeastern state of New South Wales in December and January.

#### **HOW BUSHFIRES DEVASTATED**

BY NICHOLAS ST. FLEUR · PHOTOGRAPHS BY MATTHEW ABBOTT

OVER THE LAST few months, fire in Australia has been one of the biggest news stories around the world you've probably seen photos of the destruction. Bushfires are a natural occurrence during the Australian summertime, which runs from December through February, but this fire season has been much worse than usual. The fires began to roar in September. Then in December, a record-breaking heat wave added more fuel to the flames. By January, two tremendous wildfires in the southeastern states of New South Wales and Victoria had merged together, forming a "megafire." "Because it has been unusually hot and dry, the wildfires are easier to start, and they are burning larger areas, and they are harder to control," says Jennifer Marlon, a research scientist at the Yale School of Forestry & Environmental Studies.

As the bushfires roared across the continent, they scorched landscapes, incinerated ecosystems and turned the sky red with smoke and ash. Hundreds of thousands of people were urged to evacuate their homes as fires approached, and the Australian Navy had to send in ships to rescue 1,000 people who sought refuge on a beach. Firefighters from other countries rushed in to help battle the blazes, and the international community has offered millions of dollars of aid to help Australia recover. Recent rainfall has helped suppress some fires, but because the next few weeks will probably continue to be hot and dry in some areas, the danger isn't over. The disaster has also sparked thousands of citizens to take to the streets in protest against politicians unwilling to combat climate change — which, Marlon says, "has made these fires much worse than they would normally be." 🔶

#### **'THE ENTIRE SKY** GLOWED BLOODRED.'

BY JESSICA TREGELLAS, 12

I LIVE in Mallacoota, a remote coastal town in southeast Australia. In late December, when I heard that dangerous bushfires were spreading close by, my family made a fire plan. We packed stuff we'd need if we had to evacuate, like masks, gloves, head lamps, sturdy shoes and water bottles. If we had to, we'd camp near a lake two kilometers away. We could wade into the water if it got bad. I asked my dad how we'd keep our horses safe — I couldn't worry about myself until I knew Romeo and Buddy would be OK. We decided that if we evacuated, we would spray-paint our phone number on the horses' sides and open the gates so they could escape.

A few days later, a lightning strike started a fire in a nearby forest. It was headed straight for us. I freaked out. I told my dogs, Amy and Googie, that I would keep them safe. We put our plan into action and loaded the dogs, my guinea pigs and my bunny into the back of the car. My friend Rowena held the fish bowl.

The lake was crowded. We set up an Australian bedroll called a swag, but I was too petrified to sleep. In the morning, the sky was black and smoky. Soon the entire sky glowed bloodred, and a hot wind picked up. Ash sleeted down. My eyes stung. We moved to the edge of the lake as the fire got closer. Amy cried and howled. But then the winds changed and blew the fire in another direction. We drove home later that day, past burning trees and the remains of a friend's home. When we pulled up our driveway and saw that our house was still standing and that the horses and chickens were safe, I felt so relieved — just really lucky. As told to Kitson Jazynka

| I<br>BILLION<br>BILLION<br>MAMMALS,<br>BIRDS<br>ARE AND<br>BIRDS<br>ARE ESTIMATED<br>TO HAVE DIED IN THE FIRES<br>SINCE SEPTEMBER.<br>ON KANGAROO ISLAND,<br>OFF THE CONTINENT'S<br>SOUTHERN COAST,<br>A THIRD OF THE KOALAS<br>AND KANGAROOS<br>ARE THOUGHT TO HAVE<br>PERISHED. | TOTTEST DAY<br>Recorded<br>Across<br>The continent. |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| 2,5000<br>or more<br>bown<br>houses<br>have burned<br>down<br>more than 240,000<br>residents<br>were urged to<br>evacuate their<br>homes<br>to escape<br>the devastation.                                                                                                         | <b>THE SIZE OF</b>                                  |

#### THE BUSHFIRES BY THE NUMBERS

PEOPLE, AT LEAST, HAVE **BEEN KILLED** 

IN THE FIRES. FIREFIGHTERS ARE AMONG THE DEAD, INCLUDING THREE AMERICANS WHO TRAVELED TO AUSTRALIA TO HELP THE EFFORT.

58.000

FEET UP, YOU COULD STILL DETECT THE SMOKE FROM THE BUSHFIRES IN THE AIR -IT ENTERED THE STRATOSPHERE. THE HAZE DARKENED THE SKIES AS FAR AS SOUTH AMERICA AND COMPLETELY **ENCIRCLED** THE WORLD.

#### **'THERE** WAS NOTHING LEFT.<sup>2</sup>

BY GABRIEL KAM, 16

OUR PROPERTY, in Balmoral Village, New South Wales, was a green forest that was home to lyrebirds, lorikeets, kookaburras, wombats and koalas. I could wander into the gully and find myself staring into the eyes of a wild kangaroo, then watch it hop away.

We knew the bushfire was in our area, but I wasn't worried. We had defended our home against fires before and hoped this one would stay away. We cleared shrubs and filled water buckets to prepare, iust in case.

A week before Christmas, the fire came at us from three directions. It was late afternoon. We could see plumes of smoke as the fire crowned the trees. It roared, crackled and hissed. Branches snapped. Then the wind picked up and changed direction. It was as if I had blinked and the fire was through the gully and outside the laundry room. We hosed the deck and threw water on the fire, but it quickly burned through a thick wooden door. It was time to leave. I grabbed my cats, put them in carriers and got in the car along with essentials we had packed. Saving our house was impossible now. My parents and I sheltered at a nearby fire station along with a lot of our neighbors.

Seeing our home after the fire was hard. There was nothing left. Even all the moss and dirt had turned to ash and blown away like everything else. A few trees still stand, but they are like charcoal. We see the remains of burned animals on the road. I don't think people outside Australia understand the scale and impact of the bushfires here. Everyone here has been affected in one way or another. As for our home, we'll never give up on rebuilding. It's nonnegotiable. As told to Kitson Jazynka

**HOW I BECAME AN** 



BY STESSIE CATTRELL

AFTER STUDYING leisure and recreation in college, I got a job in sales. I liked it, but I sat at my desk a lot. I wanted to do something that could provide real value, so I decided to volunteer at a hospital in Santa Cruz, Calif. I asked to work in the laborand-delivery unit, but they really needed help in the emergency department. Right away, I loved the fast pace of it. I loved the excitement of always seeing something new.

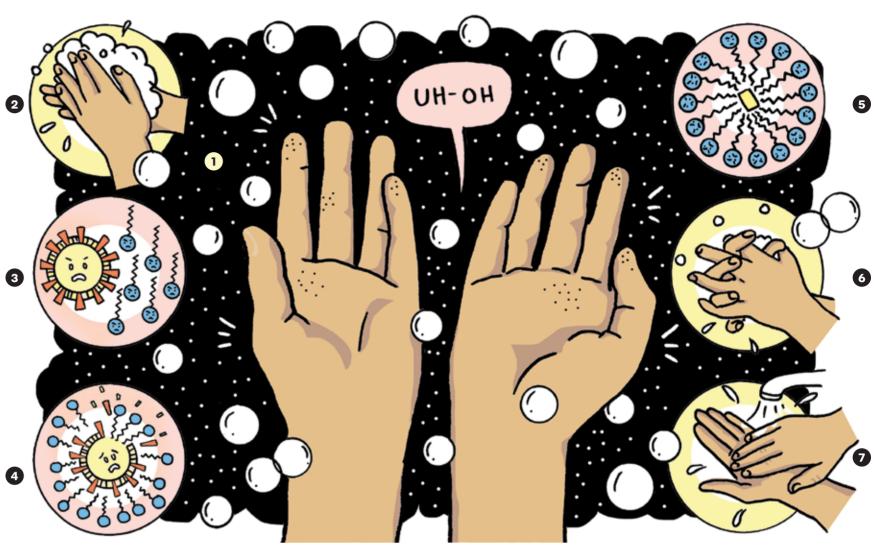
I started taking classes — chemistry, anatomy and physiology — at a community college to test the waters. Then I transferred to a state college to get my nursing degree. When you're in school for nursing, you go through blocks of training in subjects like pediatrics, pharmacology (in which you learn about medicines) and adult care. It's like learning a new language. After graduation, you have to take a test to become a registered nurse. I passed and got a job in the emergency department at the University of California, San Francisco Medical Center. I've been there ever since.

There is a lot to learn about being in the emergency department. I think it takes several years before you are more relaxed. You're always triaging: deciding who needs more care and who needs less. You treat your sickest patients first and think, What is the most important thing I can do for this patient right now? Doctors treat patients on a grand scale, but nurses are the magic-makers, the eyes and ears at the bedside. My job is to look in someone's eyes in the most traumatic and scariest moments of their life and be a center of calm for them.

That was true before Covid-19, and it's true now. I am actually home right now, because I have tested positive for the virus. I feel fine, but I'll stay home for 14 days to keep patients safe. And then I'll go back and be a dealer of hope to the patients who come in. That's why I show up every day, and I can't wait to get back to work. As told to Elise Craig

# SOAP IS AWESOME

BY NICHOLAS ST. FLEUR • ILLUSTRATION BY SUMMER PIERRE



Y NOW, you're probably tired of being told to wash your hands after doing ... just about anything. But it's true: That boring old soap sitting next to your bathroom sink is actually one of the most powerful weapons known against the coronavirus and the disease it causes, Covid-19. That's because when you wash your hands, you're

creating a microscopic battlefield where soap molecules and the coronavirus clash. Here's how it works.

#### **1. YOU GET THE VIRUS ON YOUR HANDS.**

Coronavirus can live on some surfaces for hours and even days. When you touch something an infected person may have sneezed on or grabbed with a germy hand, like a door handle, you can transfer the virus onto your own hand. Of course, since you can't actually see it, there's no way to know if that has happened. So to be on the safe side, you hit the sink.

#### 2. YOU LATHER UP.

Water + soap = lots of foamy bubbles. By lathering up,

you're spreading the soap molecules across your hands and essentially "bringing in the infantry and all the good guys to surround the virus," says Bill Wuest, a chemist from Emory University in Atlanta.

#### 3. THE SOAP MEETS THE VIRUS ...

Think of soap molecules as little sudsy swords. Their handles love water, but their blades hate it and instead are more attracted to fats. That makes them the perfect enemy of the coronavirus, which is named for the crownlike spikes that it uses to attach to human cells (*corona* is Latin for "crown"). See, the virus has a weakness: Its guts, including the genetic material that gives rise to the disease, are covered in an outer layer of protective fat.

#### 4. AND DESTROYS IT ...

As the soap molecules and coronavirus come into contact, the soap's blades tear apart the virus's fatty shell. "The guts of the virus spill out, and it's not able to re-form, because the soap has taken away its armor," Wuest says.

#### **5. THEN SURROUNDS ITS REMAINS.**

Once damaged, the virus is basically neutralized, meaning it can no longer cause trouble. The soap swords then band together and surround the virus bits, creating a tight ball.

#### 6. YOU KEEP SCRUBBING ...

Scrubbing your hands ensures the virus has no place to hide. That's why you need to take at least 20 seconds, rubbing every surface and crevice all the way to your wrists. "If you're taking less than that, you're probably not getting everywhere," says Dr. Jocelyn Srigley, a medical microbiologist at the University of British Columbia in Canada.

#### 7. THEN RINSE IT ALL AWAY. VICTORY!

Finally, the cavalry arrives: Water swoops in and grabs the sword handles (remember how they love water?), washing the soap balls and the trapped coronavirus chunks down the drain. Your hands are now clean and coronavirus-free ... at least until you touch something else. Then you have to start the battle all over again. ◆

#### SCIENTIFIC EXPERTS ANSWER YOUR

## **VIRUS QUESTIONS**

#### BY APOORVA MANDAVILLI

ONE OF THE scariest things about the coronavirus outbreak is that there's a lot we still don't know. But scientists, doctors and public-health experts are working around the clock to learn as much as they can. We asked kids what questions they had about the virus, and within days our inbox had filled up with more than 40 responses. We picked five of them to answer here.

### **Q:** How is it spreading so rapidly?

-Rishaan Chowdhury, 9, Brookline, Mass.

A: Think of a virus as being like glitter. It gets on absolutely everything and sticks there. The same goes for the coronavirus. If somebody is sick with it and coughs or sneezes, the virus comes flying out of his or her mouth or nose in millions of invisible particles that land on everything. The virus can also stay alive on certain things, like playground rails, for up to three days. If you touch that playground rail, then you pick your nose or rub your eye or put your hand in your mouth, "then you are going to be able to give yourself the virus," says Dr. Jeanne Marrazzo, an expert in infectious diseases at the University of Alabama at Birmingham. This is why it's so important for you to wash your hands with soap — often!

### Q: Why is this virus more dangerous than others? Why are kids unable to get it?

—Penny Zinoman, 11, Brooklyn

A: There are a lot of things that make this virus more dangerous than others. First, it's brand-new. Most other viruses like the measles virus or the ones that can give you colds or the flu — have been around for a long time, so either many people are already immune to them or we have vaccines to stop you from getting them. (Or both!) But in this case, "Nobody has ever had it before, so all of us can get it," says Carl Bergstrom, an expert in emerging infectious diseases at the University of Washington in Seattle. It is also very dangerous for older people, who can get really sick when infected, and the virus is good at being passed around by people who are not even feeling sick. As Dr. Marrazzo puts it, "this is a very crafty virus."

Kids can get the coronavirus, we do know that. But the good news is that when kids do get it, it's really mild most of the time, just like getting a cold. But that doesn't mean you can't still pass it on, so it's really important that you protect others by staying away from people besides your family and washing your hands.

### **Q:** Why is six feet the specific distance you have to stand from people?

—Luli Takihana Larsen, 12, Seattle

**A:** Because it's the rule of thumb developed by public-health officials based on some calculations about how far the virus can travel. But the farther you are, the better.

#### Q: Will there be a cure for the coronavirus, and are we close to finding it?

-Madeline White, 12, Abington, Pa.

A: Illnesses caused by viruses are really hard to treat, but scientists are working extremely hard to develop medicines that can help people who get sick with the coronavirus feel better faster. "We've found a number of different drugs or medicines that seem like they might work," Bergstrom says. These medicines need to be tested for safety and effectiveness before they're widely used, which can take many weeks or months. Sometime next year, scientists may also finish developing a vaccine that can prevent people from getting sick in the first place.

> Q: I know this question is extremely hard to answer, but I just keep wondering when things will be back to normal.

> > -Frida G., 10, Los Angeles

A: It may not be as quick as we want. "None of us want to wait a year or more, until there's a vaccine," Bergstrom says. "By staying home now and not seeing our friends and not going to school, we are all working together to get the disease under control." If we can do that, the hope is that by summer, we'll be able to get back to some of the things we love. Of course, things may not return to "normal" even then. It may be necessary to continue to wear masks regularly, and big public gatherings may still be off limits.  $\blacklozenge$ 



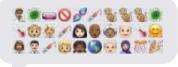
#### TEXTING WITH A SCIENTIST

#### THE RUSH FOR A VACCINE

#### BY CHELSEA LEU

OUR BEST HOPE for ending the coronavirus pandemic is a vaccine. By protecting people from getting the disease, it would finally make it safe for schools, restaurants and businesses to fully reopen. But making a vaccine for a completely new virus isn't easy. We texted with Sarah Stanley, an infectiousdiseases researcher at the University of California, Berkeley, to find out what's happening in scientific laboratories worldwide. An edited and condensed version of our conversation follows.

> Can you tell me how scientists are developing a vaccine for coronavirus, using only emoji? Chelsea



Sarah

That makes sense! I think 🥮 Can you break it down for me?

Sure! The key to a vaccine is to make something that looks like the virus but doesn't make you sick. This tricks your body into making an immune response that will fight the real virus and stop it from infecting you.

To make a vaccine, scientists grow the virus in a lab and kill it or weaken it to make it safe. For many diseases, they will test experimental vaccines in monkeys. If they are safe, the vaccine will be tested in a small group of people. If the vaccine works in this test group, it will then be used to protect people all over the world.

## Who's working on a coronavirus vaccine right now, and what step are they on?

There are efforts here in the United States 🔛, but people are also working on it in Japan 💽, China 🐖, Australia 🗃 and Germany 🐖.

# DEEP IN THE ABYSS, SCIENTISTS FIND THE WORLD'S

BY NICHOLAS ST. FLEUR



A strange deep-sea creature called a siphonophore. This one could measure up to 400 feet long.

**MOVE OVER, BLUE WHALES.** There's a new longest animal in the ocean. Meet the siphonophore, a sea creature that resembles floating snot. A scientific team exploring underwater canyons off the coast of Western Australia recently discovered a gigantic swirling siphonophore that measured at least 150 feet long. "It has been compared to a U.F.O. — it's very otherworldly," says Lisa Kirkendale, the head of the aquatic zoology department at the Western Australian Museum.

Biologists have long known about siphonophores, which are colonial organisms, meaning they are made up of millions of tiny clones clustered together in colonies that form one mega-animal. The clones, known as zooids, form groups that each take on a distinct task: some sting prey, some digest food and some help the animal swim.

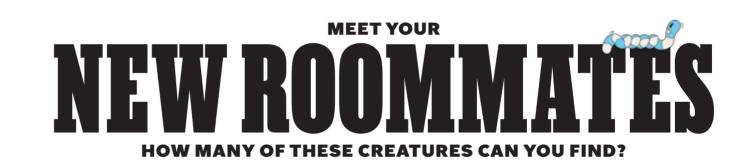
Kirkendale and her team were aboard a research vessel called Falkor when they discovered the strange stringy, sting-y thingy. They were using a remotely operated robot about the size of a Smart car that could dive to depths of 14,700 feet. Its cameras provided front-row seats to the bizarre animals that lurk in the ocean's abyss, like giant flashing squids, slimy starfish and a sea cucumber covered in shiny

shells that is being called a "treasure pickle." On their trip they discovered up to 30 new underwater species.

The siphonophore was wrapped around itself in loose spirals. The robot circled around its outermost ring and measured its length as 150 feet: longer than the longest known blue whale, which came in at around 111 feet, and the largest measured jellyfish, whose tentacles were 120 feet long.

But if the siphonophore were unrolled into a straight line rather than coiled up, it is possible it would have measured close to 400 feet from end to end — longer even than the world-record holder, a bootlace worm found in 1864 in Scotland that measured 180 feet long.

The researchers aren't sure why this siphonophore was so big, but they think that with its stinging tentacles it was able to catch little crustaceans and even sometimes small fish to eat. "Finding the siphonophore was definitely an accidental discovery," says Nerida Wilson, the chief scientist of the project. "We never set out to find the longest animal — it was just one of those wonderful moments." ◆



One group far along is from the University of Oxford in England. They have already started testing their vaccine in people. In China, another company just showed that their vaccine successfully protected monkeys from infection.

> How long does it normally take to develop a vaccine for a totally new ? And how have scientists been speeding up the process?

Normally this process might take many years. One thing that helped is that scientists at Oxford were already working on vaccines for other coronaviruses. But mostly this is a great example of how quickly things can happen when the whole world works together toward the same goal!

What are the challenges in developing a coronavirus 🖋 so quickly?

Every step is challenging! Making vaccines is usually a process of trial and error. Another major challenge is finding a way to make millions (billions?) of doses of the vaccine as quickly as possible. Then you have to figure out how to get the vaccine to people all over the world. This will take a lot of money and many experts and governments working together.

> That sounds like a huge amount of work! W How long do you think it might be before we get a I for the coronavirus?

Some groups are saying they can have vaccines widely available next year. I hope they are right! A vaccine is our best bet for ending the ongoing global pandemic. That said, there are other strategies that scientists are working on, including identifying drugs that can help people recover when they are sick.





**OST OF** us spent this spring stuck inside. While grasshoppers hatched, frogs spawned and birds sang, we shuffled to and from different rooms for a change of scenery. But just because we're indoors doesn't mean we can't explore. Our homes

are teeming with bacteria, fungi and insects, and there's just as much to see inside as there is outside if you know where to look. Grab a magnifying glass and meet your hidden roommates now with this scavenger hunt! (But remember: Although most of these organisms are harmless or even beneficial cohabitants, you should still proceed carefully and wash your hands when you're done.)

○ 1. BREVIBACTERIA: Many of the bacteria in our homes actually live on us, so you don't need to go into another room to find this one. Just look down! Brevibacteria live on human feet, eating dead skin cells. They're too small to see with the naked eye, but you can detect their presence by taking a whiff of a dirty sock or a wellworn shoe; as they eat, they produce a compound that can make your feet smell. ○ 2. PENICILLIUM COLONIES: This fungus looks like tiny palm trees under a microscope and is a common type of bread mold. It forms large, fuzzy spots on stale bread that tend to be white, gray or greenish-blue. It can spoil food, making it dangerous to eat (please don't consume moldy bread), but it's also the source of penicillin, an important antibiotic used to treat ear infections and strep throat.

() **3. BOOKLICE:** You might find these tiny beige insects, which sometimes infest museums and libraries, dining on old or mildewy books. These soft-bodied, wingless critters also eat other household molds, including fungi that grow on rotting wood and stored grain like the flour in your pantry.

○ 4. FUNGUS GNATS: Adult gnats are small, delicate flies with slender antennae and veined wings. They're attracted to light, so look for them in and around lamps and light fixtures. Young gnats, on the other hand, can be found feeding on soil fungi and decaying houseplants. These wormlike larvae are white or translucent with dark heads. ○ 5. SILVERFISH: As their name suggests, these long, flat insects are known for their silver, scalecovered bodies. They have three tail-like appendages, can run really quickly and eat almost anything, like food scraps, paper and wallpaper paste. You can spot them anywhere throughout your home, including the attic. What's that scurrying across your floor or up the wall? Probably a silverfish!

○ 6. CARPET BEETLES: These scavengers have oval bodies that can be black, brown or speckled, and they feast on a wide variety of dried debris, including animal hair, fur, feathers, dead insects and even dog kibble. Because they also venture outside to eat flower pollen, they can most likely be found on your windowsill.

○ 7. CELLAR SPIDERS: You might know these spiders, which have extremely long, thin legs and tiny bodies. They are common indoors and tend to prefer dark, hidden places, like basements and crawl spaces. These web-spinners prey on ants, flies and even other spiders, making them a natural form of pest control. ◆